

Wiggle, Giggle & Munch



Wiggle, Giggle & Munch promotes physical activity, healthy nutrition, and fun for children 1-4 years old and their families/caregivers.

★ March 4 9:30 am -12:30 pm
(virtual) WGM Concepts. Online by Zoom

★ March 5 9:30 am-12:30 pm
(virtual) WGM Practicum.
Online by Zoom. Teaching and demonstrations, games, songs, and skill activities

Leader Training The essentials Level 1

2 - Day Virtual Training

To become a WGM Leader you must attend:

- One WGM Concepts (theory) and
- One Practicum session

FEES:

Include free access to the digital Handbook plus 1 year of Mentoring to support you to run successful WGM programs.

Agencies working with Downtown Winnipeg Families*

\$10 pp

Agencies working with Families outside Downtown Winnipeg*

\$75 pp + \$25 Hardcopy of the Handbook (if desired)

In our safe and inclusive environment designed by our competent and knowledgeable staff you will learn:

- The fundamentals of WGM.
- How to plan, set and run your sessions successfully.
- Engaging physical activities, games, songs and rhymes.
- How to incorporate early literacy into your sessions.
- Information about nutrition and healthy snacks.

REGISTER NOW



Communities
4 FAMILIES

Not sure of Downtown boundaries?
Check the map [HERE](#)

If you belong to a downtown agency and the registration fee is a barrier, please [contact us](#).

www.communities4families.ca