



50 years serving the community

WINTER 2026 DROP IN SCHEDULE

Runs Jan. 12 - Apr. 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Morning 9:30 am - 11:30 am	Wiggle, Giggle & Munch Caregiver and Child 1-5 years		Seniors Connecting Join us for conversation and fun!	Stay and Play Caregiver and Child 0-5 years	
Afternoon 1:30 pm - 3:00 pm	Open Drop-In Need a place for support? Come on in!			Tech for Seniors Need help with a device? We're here to support you! Mindful Munchkins Caregiver and Child 0-5 years Lets Talk about feelings!	
Evening 5:30 pm - 7:00 pm				Family, Food, Fun! @Access Fort Garry 135 Plaza Dr	

For more information contact:
activities@swfic.org or visit our website www.swfic.org

