



50 years serving the community

## WINTER 2026 DROP IN SCHEDULE

Runs Jan. 12 - Apr. 3

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>Morning</b> <b>9:30 am - 11:30 am</b>	<b>Wiggle, Giggle &amp; Munch</b> Caregiver and Child 1-5 years		<b>Seniors Connecting</b> Join us for conversation and fun!	<b>Stay and Play</b> Caregiver and Child 0-5 years	
<b>Afternoon</b> <b>1:30 pm - 3:00 pm</b>	<b>Open Drop-In</b> Need a place for support? Come on in!			<b>Tech for Seniors</b> Need help with a device? We're here to support you!  <b>Mindful Munchkins</b> Caregiver and Child 0-5 years Lets Talk about feelings!	
<b>Evening</b> <b>5:30 pm - 7:00 pm</b>				<b>Family, Food, Fun!</b> <b>@Access Fort Garry</b> <b>135 Plaza Dr</b>	

For more information contact:

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