

Beaumont Parent Advisory Council Meeting Minutes

Date: May 19, 2026

Location: Beaumont School, Library

Attendance: Lisa Smorang, Breanne Lal, Jen Moorby, Terina Irwin, Brenda Hanna, Sandra Fehsenfeld

1. **CALL TO ORDER** - 5:31 pm

- Welcome
- Approval of Agenda - approved (Breanne/Terina)
- Approval of previous Meeting minutes, April – approved (Breanne/Brenda)

2. **Teacher report by Mrs. Kraft**

- working with students on 1-2-3 RESET program, created by occupational therapists (see attached info sheet)

3. **SCHOOL REPORT by Brenda Hanna** (see attached)

- Lots of events coming up in June.
- Staffing changes/additions should be announced around mid-June.
- New breakfast room was approved, will have sink, seating, counters etc. Construction expected over summer.

4. **STANDING BUSINESS**

- Financial report by Jen – (attached)
- Hot lunches report by Jen
 - hot lunches this year have been mostly successful, but a lot of work & time consuming to organize.
 - Jen would like someone else to take over next year.
 - Discussed reducing number of hot lunches offered
 - Hotlunches website is costly (\$260/year). Discussed switching to cash only. Could simplify and do pizza by the slice and hot dogs in the new breakfast room.
 - Suggestion: parents pay one-time flat fee at beginning of year for lunches, only one option would be given for each hot lunch day. This can be discussed next year.
- Fundraisers report by Lisa
 - Krispy Kreme fundraiser was not as good as last time, likely because the novelty has worn off.
 - Krispy Kreme \$2 donut sale (for students) was very successful and sold all donuts (brought in around \$600).
 - Do this again next year; kids loved it.
 - Perhaps we could even do this one twice?
 - Canteen for next year – no preordering, just bring cash.

5. PREVIOUS BUSINESS

- Reorder cheques – cheques arrived
- Council Member recruitment
 - Need new members to help coordinate fundraising, hot lunches, and bring fresh ideas.
 - Must have quorum of four members, including two executive members (Chair, Vice Chair, Secretary or Treasurer) in attendance at each meeting.
 - Without at least four members (preferably more), Parent Advisory Council will not be able to continue.
 - New member, Sandra Fehensfeld can attend meetings.

6. BUSINESS ARISING

- AGM in June
 - Positions we need filled (all executive positions* will be decided by election at AGM):
 - *Vice Chair
 - *Secretary
 - Hot Lunch coordinator
 - General members

Meeting adjourned at: 6:23 pm

NEXT MEETING DATE: June 16, 2026 at 5:30pm



Beaumont School

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Ignite Curiosity

Beaumont School Parent Advisory Council Meeting
School Report
May 2026

Gratitude

I'm grateful to be part of such a wonderful community. This is a bittersweet time as we say good bye to some staff and students but we are also excited for what's to come. Finalized staffing will be shared sometime in June. We are just sorting out one more piece. We are starting the class creation process which is such important work as it means so much for students and families. We appreciate the team effort that this takes and the support that we have from families.

Spirit of Independence

We wrap up the year with IEP celebration meetings. WE are seeing so much growth in our students as they grow in their learning and their independence.

Patrol and student secretary training is underway. We are so proud of our grade 4 students who are taking the leap of independence to take on both of these tasks.

Spirit of Belonging

Farewells and celebrations are occurring for our students leaving us and those who are moving on up to grade 1. The grade 5 farewell is June 18th at 1:30 and the kindergarten celebration is June 22nd.

This is the time of year where we celebrate everyone for a great year and say good bye to those who are leaving the Beaumont community. It is a bittersweet time for everyone.

We will be having a school wide Booster Juice snack to celebrate the learning that we did during STEAM week. Better late than never!

Spirit of Mastery

The 1-3 musical "It's a Hit" was amazing. The students really did knock it out of the park and staff stepped up to the plate to help. It was a wonderful show.

STEAM days were also a huge success. Students were engaged and given the opportunity to try something new!

The track and field meet was also a success. We have over 25 students attending the divisional meet on May 26.

Field trips are underway! Lots of learning occurring outside of the classroom.

Spirit of Mastery assembly will be June 26 at 10:45 with a pizza lunch to celebrate all that we have mastered.

2026-2027 Updates

Brenda Hanna, Principal

TREASURER'S REPORT			
Beaumont Parent Advisory Council			
Month Ending May 19, 2026			
BEGINNING BALANCE April 22, 2026)		\$7,045.78	
INCOME (Deposits)			
<u>Date</u>	<u>Description</u>	<u>Amount</u>	
04/22/2026	Cheque Order Reimbursement	\$246.12	
04/30/2026	Bambora - April Remainder	\$559.91	
04/30/2026	Interest	\$0.15	
05/08/2026	Donut Day/Hot Lunch Cash	\$569.45	
05/19/2026	Bambora - May	\$1,710.66	
TOTAL INCOME		<u>\$3,086.29</u>	
(Withdrawals)			
<u>Date</u>	<u>Description</u>	<u>Amount</u>	<u>Cheq #</u>
04/23/2026	NuBurger	-\$770.00	1197
04/23/2026	D+H Cheques	-\$177.46	
TOTAL EXPENSES		<u>-\$947.46</u>	
END BALANCE (May 19, 2026)		<u>\$9,184.61</u>	
<u>Outstanding Cheques</u>			
<u>Date</u>	<u>Description</u>	<u>Amount</u>	<u>Cheq #</u>
	Old Dutch	\$56.00	

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1-2-3 RESET Created by occupational therapists Heather Schmidt and Dawn Paulson,

The core of the 1-2-3 RESET program consists of **an 8-week curriculum, the 5-point RESET framework, and the "3 As" self-regulation sequence.** Developed by occupational therapists for Kindergarten through 3rd-grade classrooms, the program uses the following key components to teach nervous system regulation: [1, 2, 3, 4, 5]

1. The 5-Point RESET Framework

The structural foundation of the program is built on five core, trauma-sensitive pillars: [1, 2]

- **R – Relationship:** Establishing safe, co-regulating, and trusting connections between teachers and students.
- **E – Environment:** Adjusting classroom spaces and sensory inputs to prevent emotional overwhelm.
- **S – Self-Regulation:** Teaching body-awareness and calming techniques.
- **E – Empowerment:** Handing students practical tools so they can independently manage their internal states.
- **T – Task:** Scaffolding or adapting academic expectations to match a child's current emotional capacity. [1]

2. The "3 As" of Interoception

Students are taught a specific sequence to help them monitor and act on their internal bodily sensations (interoception): [1]

- **Ask:** Students scan their own bodies to see how their head, heart, stomach, and muscles feel.
- **Aware:** Students build mindfulness to recognize and accurately name the emotion they are experiencing.
- **Act:** If needed, students choose a targeted sensory strategy to return their body to a comfortable, ready-to-learn state. [1]

3. The 1-2-3 RESET Breaks

Instead of standard time-outs, the curriculum builds routine wellness breaks directly into the school day using a specific progression: [1]

- **Move:** Gross motor movements or heavy work to shift physical energy.

- **Body:** Focused somatic exercises to center physical awareness.
- **Breathe:** Controlled respiration techniques to downregulate the nervous system.
- **Mindful Listening:** A final transition step to ground focus back into the classroom environment. [1, 2]

4. Brain-Based Education

The program includes child-friendly neuroscience lessons. Using character analogies, students learn about the functions of the **prefrontal cortex** (the thinking brain) and the **amygdala** (the emotional alarm system) so they can understand why their bodies react to stress the way they do. [1]