

# OAK PARK

ÉCOLE SECONDAIRE

HIGH SCHOOL

Courses  
for every type  
of interest

Helping YOU  
GROW &  
LEARN

Develop your  
*INTERESTS*

Build your  
*STRENGTHS*

Find your  
*PASSION*

*Check out our  
diverse array  
of courses  
in the  
Arts, Sciences,  
Languages,  
Mathematics,  
Technology,  
Phys-Ed, and  
MORE!*

2026/27  
Course  
Description  
Guide

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# Welcome to Oak Park!

Welcome to École secondaire Oak Park High School, a Grade 9 to 12 French Immersion and English high school. Oak Park is committed to providing a safe, inclusive, and engaging learning environment. Oak Park students take pride in who they are as individuals and as a collective. Oak Park is a quad A school, that celebrates student achievement in athletics, arts, and academics. Along the way, the school gives each student the opportunity to develop critical thinking and decision-making skills, an understanding of social responsibility, and a strong feeling of self-worth.

- All members of our school community have the right to a learning environment where they are valued and respected.
- Learning is a life-long process, and all students are given opportunities to develop a variety of skills that prepare them to be productive citizens.
- All students will have the opportunity to become active, responsible, and proud plurilingual global citizens.
- All staff will continuously and consciously engage in professional learning opportunities.

In addition to the comprehensive offering of compulsory academic courses, Oak Park offers a wide range of optional courses as well as programming through associated institutions such as InFormNet, the High School Apprenticeship Program, and the Manitoba Institute of Trades and Technology.

At Oak Park, we nurture the potential for growth in all our students by offering a wide variety of extra-curricular activities including over a dozen Student Council committees, extensive athletic and arts activities, and many other clubs. Students who are involved in extracurricular activities enjoy a rewarding and enriched school experience.

The staff at Oak Park takes a personal interest in

each student and we are committed to providing a safe, welcoming, and academically engaging environment. Every student is offered opportunities to develop physical and mental abilities as well as a sense of social responsibility. As a result, Oak Park students become healthy, intelligent, and caring members of their global community.

École secondaire Oak Park High School provides this guide to assist students and parents in understanding the content of courses and the organization of senior years programming. This guide is intended to be used in family discussions that will assist students in making wise program and course choices. Future career opportunities will be influenced by present course selections. Students and/or parents are encouraged to consult with school staff regarding course planning. Such planning is critical to meeting the requirements of post-secondary educational institutions or the workplace.



# General Information

## Schools of Choice

A school's first obligation is to the students who reside in the catchment area. The Schools of Choice initiative facilitates parental/student choice, within limits, in selecting the public school best suited to the student's learning requirements. All catchment students need to be accounted for and have a place in a classroom before a principal accepts students under Schools of Choice, therefore we cannot accept students outside of the catchment area until the end of April at the earliest. Any families interested in applying through Schools of Choice must complete an application prior to May 15. Further information is available through school or divisional offices. Applications under Schools of Choice for students entering grade 9 French Immersion who are not currently attending one of our feeder schools will not be accepted.



## The Semester System

The school year is divided into two equal parts (semesters). Each semester has 2 terms. Semester 1 runs from school opening to the end of January, and semester 2 runs from February to June.

## The School Day

<b>Period 1</b>	<b>8:30-9:40</b>
<b>Period 2</b>	<b>9:40-10:50</b>
<b>Period 3</b>	<b>10:50-12:00</b>
<b>Period 4</b>	<b>12:00-1:10</b>
<b>Period 5</b>	<b>1:10-2:20</b>
<b>Period 6</b>	<b>2:20-3:30</b>
<b>Period 7</b>	<b>Some courses held outside the regular school day</b>

## Course Selections

Registration occurs in late winter for the subsequent school year. Courses for both semesters are selected at the time of registration. Any course changes after registration will be subject to space availability.

# General Information

## Student Assessment

The purpose of assessment is to support and improve student learning.

- Teachers will choose the types of assessments they see as appropriate, and assessment will be consistent within subject areas.
- As active learners, students complete assigned work and submit, as required, on time with support of staff and family if necessary. This will ensure that feedback is timely, appropriate, and can be used as a guide for next steps.

## Report Cards

Parent-Student-Teacher conferences will occur once per semester. Report cards are issued electronically via Edsby. Families who are new to Pembina Trails School Division will need to set up an Edsby account. The first report card will be issued approximately halfway through each semester and final report cards will be issued in February and June. Teachers will send progress reports as needed. Parents are invited to contact classroom teachers regarding any questions or concerns about the student's performance.

## Student Fees

The General Student Fee of \$80.00 paid by all students is directed towards costs attributed to:

- Co-curricular programming opportunities, guest speakers, school events, etc.
- Maintenance, repair and replacement of locks for lockers;
- Operation (beautification, equipment, seating, supplies) of ancillary and cafeteria spaces;
- Partial subsidy for cafeteria and hallway supervision during lunch hours;
- Partial subsidy towards transportation costs for field trips.
- School-wide communications for students (i.e. handbooks, school-life promotions, etc.);
- Support for arts, clubs, social action, sport, student council and events/initiatives.
- Yearbook

## Age of Majority

According to Section 42.3(3) of the Public School Act, students who reach the age of 18 are legally entitled to be the sole recipients of all school reports and documents. Schools will comply with this regulation. As students turn 18, parents will be notified of the change of the information flow. Parents may continue to receive school reports only if their 18-year-old child provides the school with written consent.

## Scholarships and Awards

All Oak Park students are supported and inspired to grow in academics, athletics, the arts, and community involvement. Students in Grades 9-12 may be recognized for their achievements in a variety of ways: in individual team and/or club awards, through individual course certificates, or via scholarships and other awards granted at Convocation.

Graduating Oak Park students are eligible to apply for a wide variety of school-based, divisional, university, college, and community-initiated scholarships. While different awards and scholarships have varying criteria, it is worth noting that while most scholarships do request that applicants demonstrate strong academic achievement, there are many different awards that place a heavy emphasis on leadership, volunteerism, and participation in a number of school and community initiatives. Details regarding scholarships are available on the Oak Park school website.

## **Graduating with Distinction**

Students will be recognized with honours cords during convocation. This distinction is based on the average of their 5 highest 40S class marks and all marks must be over 70% to be eligible. For French Immersion students, this will include their highest Math 40S course mark, Français 40S mark and English 40S mark, and then their 2 next highest 40S marks. For English students, it will be their highest Math 40S course mark, English 40S mark and then their 3 next highest 40S marks.

Cum Laude (silver cord): Overall average of at least 80%. Magna Cum Laude (gold cord): Overall average of at least 90%.

## **Academic Integrity**

Academic integrity means that the teacher and the student accept the inherent value of learning and enter into a collegial relationship that honours commitment, participation, and honesty. We strive to provide accommodations, flexibility, and support to enable students to achieve success in their studies. Likewise, students are expected to attend classes and maintain serious efforts to achieve success in their programs. Plagiarism is unacceptable, and students should expect consequences for such behaviour.

## **Admission Requirements for Post-Secondary Institutions**

The onus is on students to ensure they have completed or are registered for all required courses for graduation. Manitoba Education requires that a student accumulate a minimum of thirty (30) credits in Grade 9 through Grade 12 in order to graduate from high school. Applications and information for many post-secondary institutions in Manitoba as well as other Canadian provinces are available through our counsellors. Oak Park provides numerous opportunities for students to explore career and post-secondary options.





## Course Selection Process

All courses are numbered in three characters, as specified by Manitoba Education. Course codes for French Immersion courses are preceded by the letter X.

**First character:** 1=Grade 9, 2=Grade 10, 3=Grade 11, 4=Grade 12

**Second character:**

- 0 Developed or approved by Manitoba Education for 1 credit
- 1 Developed by schools or divisions and registered by Manitoba Education
- 2 Developed elsewhere, such as university, out-of-province, and out-of-country
- 5 Developed or approved by Manitoba Education for 0.5 credit

**Third character:**

- F Foundation: Compulsory courses for all students which may lead to further studies beyond the senior years.
- G General: General educational experiences for all students.
- S Specialized: Educational experiences in specialized areas leading to further studies beyond senior years.
- M Modified: Educational experiences intended for students with significant cognitive disabilities and where the curriculum outcomes have been modified.
- I Individualized: Educational experiences intended for students with significant exceptionalities and that are developmentally age-appropriate and highly individualized.

**For example:** Pre-Calculus Mathematics 40S (MPC40S) is a course intended for Grade 12 students (4) developed by Manitoba Education, Training and Youth (0), reflecting specialized learning experiences focused on specific skills and content (S). Mathématiques pré-calcul 40S (XMP40S) addresses the same learning outcomes but is offered in French for students in the French Immersion program.

# How to Select Courses

When selecting a program of studies for the coming school year, students and their parents are urged to consider the following:

1. Students should select courses that are best suited to their abilities, interests, skills, and aptitudes, taking into consideration future career or education plans. **Please note that courses will only run with sufficient enrolment.**
2. Students should select courses which will be reasonably challenging and can be completed successfully. Courses should not be selected simply because friends have selected them.
3. Students are encouraged to consult teachers, a school counsellor, and/or a school administrator when selecting courses. The opinions and advice of the professional staff are readily available and may make decisions much easier.

In making choices, students should consult the entrance requirements of the post-secondary institutions that they may plan to attend after graduation. Specific information is available from Oak Park counsellors.

## How To Change Courses

At the time of registration, students are making choices for the entire school year. Students and their parents are urged to consider the following:

1. If a change is requested, some opportunity to adjust timetables exists. However, any changes are subject to space availability.
2. Course changes for each semester should be made as soon as the need is recognized, usually August or the end of 1st semester.
3. Students who need or want to repeat a course from the first semester in the second semester will be accommodated where space permits.
4. Students who do not succeed at courses in the first semester may be required to make their next attempt in the following school year.



# Requirements - English & French Immersion

## English Program

The English Program at Oak Park follows the provincial guidelines leading students to successfully complete their Manitoba high school diploma. Students are required to complete a minimum of 30 credits throughout high school with a combination of compulsory and optional courses. The required courses for graduation are outlined below.

Grade 9	Grade 10	Grade 11	Grade 12
English 10F	English 20F	English 30S (minimum 1 of) <ul style="list-style-type: none"><li>• ELA Comprehensive Focus</li><li>• ELA Literary Focus</li><li>• ELA Transactional Focus</li></ul>	English 40S (minimum 1 of) <ul style="list-style-type: none"><li>• ELA Comprehensive Focus</li><li>• ELA Literary Focus</li><li>• ELA Transactional Focus</li></ul>
Mathematics 10F	Mathematics 20F (minimum 1 of) <ul style="list-style-type: none"><li>• Essential Math</li><li>• Introduction to Applied and PreCalculus Math</li></ul>	Mathematics 30S (minimum 1 of) <ul style="list-style-type: none"><li>• Applied Math</li><li>• Essential Math</li><li>• PreCalculus Math</li></ul>	Mathematics 40S (minimum 1 of) <ul style="list-style-type: none"><li>• Applied Math</li><li>• Essential Math</li><li>• PreCalculus Math</li></ul>
Physical/Health Education 10F	Physical/Health Education 20F	Physical/Health Education 30F	Physical/Health Education 40F
Social Studies <ul style="list-style-type: none"><li>• Canada and the Contemporary World 10F</li></ul>	Social Studies <ul style="list-style-type: none"><li>• Geography 20S</li></ul>	Social Studies <ul style="list-style-type: none"><li>• History of Canada 30S</li></ul>	
Science 10F	Science 20F		
		1 Option	2 Options for graduation *3 Options for Post-Secondary

## Senior Years Graduation Requirements

Manitoba Education requires that students meet minimum criteria to be eligible for graduation. Students must complete a minimum of 30 credits including all of the compulsory credits. A minimum of one Grade 11 and two Grade 12 credits must be earned from the available optional courses. Students can earn up to a maximum of 34 credits.

## French Immersion

This high school program is designed for students who have been enrolled in the French Immersion Program since elementary school. The French Immersion Program is intended for students who generally do not speak French at home. Upon meeting the requirements of this program, students will graduate with a Manitoba French Immersion diploma. The goal of the French Immersion Program is to develop proud, confident, engaged, plurilingual global citizens.

“The French Immersion Program enables students to interact spontaneously, autonomously, and confidently in French with pride. They seek opportunities to engage in the Francophone community. Their identity as Canadian citizens, competent in both French and English, creates lifelong opportunities and fosters openness to other languages and cultures.” - Manitoba Education, 2017

## French Immersion Graduation Requirements:

To graduate with a Manitoba French Immersion diploma, students must achieve a minimum of 15 French Immersion credits at the 30 or 40S level (30 credits overall for graduation). The table below lists the requirements for graduation. Please see your School Counsellor to review specific requirements.

Grade 9	Grade 10	Grade 11	Grade 12
Français 10F	Français 20F	Français 30S	Français 40S
English 10F	English 20F	English 30S (minimum 1 of) • ELA Comprehensive Focus • ELA Literary Focus • ELA Transactional Focus	English 40S (minimum 1 of) • ELA Comprehensive Focus • ELA Literary Focus • ELA Transactional Focus
Mathématiques 10F	Mathématiques 20S (minimum 1 of) • Mathématiques au quotidien • Introduction aux mathématiques appliquées et au pré-calcul	Mathématiques 30S (minimum 1 of) • Mathématiques appliquées • Mathématiques au quotidien • Mathématiques pré-calcul	Mathématiques 40S (minimum 1 of) • Mathématiques appliquées • Mathématiques au quotidien • Mathématiques pré-calcul
Éducation physique et Éducation à la santé 10F	Éducation physique et Éducation à la santé 20F	Éducation physique et Éducation à la santé 30F	Éducation physique et Éducation à la santé 40F
Sciences humaines • Le Canada dans le monde contemporain	Sciences humaines • Les enjeux géographiques du XXIe siècle	Sciences humaines • Histoire du Canada	
Science 10F • Sciences de la nature	Science 20F • Sciences de la nature		
		Option (minimum 1)	1 option for graduation *2 options for Post-Secondary

## Optional courses offered in French:

- Espagnol (Spanish) 10F, 20F, 30S and 40S
- Français oral (Oral French for Immersion Students) 11G, 21G, 31G, 41G
- Biologie (Biology) 30S, 40S
- Chimie (Chemistry) 30S, 40S
- Physique (Physics) 30S, 40S
- Enjeux mondiaux (Global Issues) 40S

In order to encourage students to further enhance their French Immersion experience by selecting an increased number of credits in the French language and to recognize this pursuit of proficiency, the staff at Oak Park have established an École secondaire Oak Park High School French Immersion distinction on their diploma.

- French Immersion Enriched Diploma -Awarded to students who have completed 20 French Immersion credits
- French Immersion Approfondi Diploma - Awarded to students who have completed 22 or more French Immersion credits

# Arts Education

## Band

### **Band 10S (BA10S)** -- Optional Gr. 9 course

Students will continue the development of technical playing skills on their respective instruments as well as personal musicianship skills. The course will continue the study of instrumental technique, aural and music reading skills and will concentrate on developing performance skills. The class will perform and study music from the various periods and genres in musical history. Previous experience in band is not necessarily a prerequisite. Please see the director for details.

### **Band 20S, 30S, 40S (BA20S, 30S, 40S)** -- Optional Gr. 10, 11, 12 courses

Students will refine their performing and ensemble skills through the grade levels. These courses provide learning experiences in instrumental technique, stylistic considerations, music knowledge and concepts, and musicianship. Students will continue the study of instrumental technique, aural and music reading skills, and will concentrate on further developing performance skills. Each class will perform and study music from the various periods and genres in musical history. Previous experience in band is a prerequisite.



### **Jazz Band 10S (JB10S)** -- Optional Gr. 9 course - Enrichment Opportunity

The course is designed for students who wish to perform in a small ensemble specializing in the study and preparation of a variety of styles in instrumental jazz music. Students will study and perform a cross-section of jazz selections with special attention given to technical competencies, stylistic considerations such as jazz articulations, jazz concepts, and improvisational skills.

### **Jazz Band 20S (JB20S)** -- Optional Gr. 10 course - Enrichment Opportunity

The course is designed for students who wish to perform in a specialized group studying the various styles of jazz music. Students will study and perform a variety of jazz selections with special attention given to technical competencies, jazz articulations, jazz concepts, and improvisation.

### **Jazz Band 30S (JB30S) (Auditioned)** -- Optional Gr. 11 course - Enrichment Opportunity

Students will further develop their individual and ensemble performance skills in the area of jazz music. Students will study and perform a variety of jazz selections with special attention given to technical competencies, jazz articulations,



jazz concepts, and improvisation. Emphasis will be placed on the development of instrumental technique, musical theory, improvisation skills, and musical nuances unique to jazz. This is an auditioned ensemble or by invitation of the director.



**Jazz Band 40S (JB40S) (Auditioned)** -- Optional Gr. 12 course - Enrichment Opportunity  
Students will further develop their individual and ensemble performance skills in the area of jazz music. Students will study and perform a variety of jazz selections with special attention given to technical competencies, jazz articulations, jazz concepts, and improvisation. Emphasis will be placed on the development of instrumental techniques unique to jazz, as well as the understanding, form, style, and orchestration of jazz. The refinement of more advanced sight reading, and improvisational skills will be an integral part of the study of jazz.

This is an auditioned ensemble or by invitation of the director.

**Wind Ensemble 10S, 20S, 30S, 40S (WIND10S, WIND20S, WIND30S, WIND40S) (Auditioned)**  
-- Optional Gr. 9, 10, 11, 12 courses - Enrichment Opportunity

Wind Ensemble is designed for people who desire to work on repertoire beyond their current grade level. With only one or two people per part, a greater level of musical maturity and independence from each individual is required. This ensemble has students from all grades who have a desire to perform more intricate, advanced literature than our other bands. Wind Ensemble performs at all concert events and rehearses outside the timetable. Students must be enrolled in Band 10S, 20S, 30S or 40S in order to participate in this course.

This is an auditioned ensemble or by invitation of the director.

**Small Ensemble 15S, 25S, 35S, 45S (JBSENS15S, JBSENS25S, JBSENS35S, JBSENS45S)**-- Optional Gr. 9-12 Courses

The high school chamber ensemble is a chance for students to take what they have learned in band class and apply it to individual music making. The key difference between Band and Chamber Ensembles is that each chamber ensemble is student-led and student-directed, with support from the Oak Park band staff. Students will form their own chamber ensemble, select their own music, rehearse on their own and with a coach and have a hand in creating their own performance opportunities. Band is a corequisite for this course.

## *Choir*

**Choir 10S, 20S, 30S, 40S – Optional Grade 9, 10, 11, 12 courses (CHOR10S, CHOR20S, CHOR30S, CHOR40S)** -- Optional Gr. 10, 11, 12 courses

The high school concert choir class is designed for students to continue applying musical skills as they create, perform, and experience music as a choral ensemble through the grade levels. These courses will continue developing mastery of vocal technique, reading music, sight-singing, and singing in multi-part harmony while focusing on applying these skills in a performance setting. Students will continue performing and studying choral music from a wide variety of cultures and musical genres. Previous experience in choir is not a prerequisite.





## Dance

For more serious dance students, we offer the opportunity to audition for the Oak Park Dance Company. The Company class is a two-credit course that runs the full school year. The two courses are Dance: Technique and Performance (DTP) and Dance: Advanced Jazz Repertoire (DJAZZREP). New and continuing students will audition for the Dance Company and will need to prepare and present a 30-second solo dance routine. The following attributes will be considered when selecting the members of this class: technical potential, stylization potential, proficiency at the level and potential in the performance or teaching of dance. Students/ Families interested in an audition should contact the school at the beginning of February as most auditions are held in early March for the following school year.

We also offer classes for students who may just wish to take one or two courses during their high school experience. These Jazz and Modern courses are not auditioned and are designed for anyone looking for physical fitness, an artistic outlet, or just some fun with fellow OP students!

## Dance Company (Auditioned)

Audition information will be sent to students in mid-March.

### Dance: Repertory Advanced Jazz Company 10S, 20S, 30S, 40S (Auditioned) (DJAZZREP 10S, 20S, 30S, 40S) -- Optional Gr. 9, 10, 11, 12 courses - Enrichment Opportunity

These courses are designed to develop the advanced dance technique and stylization for performance. Classes are designed to develop a greater comprehension of the dance technique with an awareness of how it assists in developing the potential of the dancer in the competitive field of dance. The course will involve auditions, studio rehearsals, technical and dress rehearsals and performances. Specialized study includes areas such as improvisation, imagery, injury prevention, musicality, fitness in dance pilates, yoga, biomechanics of movement, nutrition, stage makeup, and dance science.

### Dance Technique and Performance 20S

#### (Auditioned) (DTP20S) -- Optional Gr. 10 course - Enrichment Opportunity

This is a fast-paced class that focuses on technique in jumps and turns, providing the dancer with a stronger base to build upon, while challenging the more advanced dancer to achieve better accuracy and more skillful execution. This class will allow all dancers to work at their own pace, taking the steps they need to reach the next level. Students will learn a variety of turns and leaps and the methods and mechanics to stronger dancing. Beginning with a warm-up of modern-influenced, ballet-based exercises that focus on proper execution and alignment, the class evolves to the learning of choreography, broken down and demonstrated for clear understanding.

### Dance: Technique and Performance 30S

#### (Auditioned) (DTP30S) -- Optional Gr. 11 course - Enrichment Opportunity

For students with diversified dance backgrounds, this class provides an intensive study of technique with emphasis on style and musicality. The class begins with a comprehensive warm-up that incorporates the Active Isolated Flexibility and Strength Method as well as elements of jazz, ballet, and modern, allowing for a complete head to toe warm-up. Progressions across the floor combine elements of style with the technique needed to turn consistently and to jump efficiently. The combination ranges from contemporary jazz to lyrical to musical theatre and challenges each dancer to increase their performance potential and refine their own technique in a supportive atmosphere.

### **Dance: Technique and Performance 40S**

**(Auditioned) (DTP40S)** -- Optional Gr. 12 course - Enrichment Opportunity

This course allows serious dancers to explore more intricate patterns and kinesthetic movement. Timing, classical line, and advanced vocabulary of steps are stressed. The class focuses not only on the dancer's technical development but on artistry, stressing the use of the head and of port de bras, for example, in addition to responding to music. Barre and center exercises are aimed at improving balance, control and coordination, and advanced overall technique. Every class includes a centre practice in adagio, turns, jumps, and diagonals. Combinations are choreographed to enhance the dancer's individual expressive qualities.

### **Dance (Non-Auditioned, open to all students!)**

#### **Jazz Dance 10S, 20S (Non-auditioned, all**

**welcome!) (DJAZZ10S, 20S)** -- Optional Gr. 9 and 10 courses

These courses will focus on dance education for the general school population. Students will develop skills in dance and will explore dance as an art form and venue for self-expression. Various dance styles, including jazz and hip-hop, will be studied. The elements of movement, safety, healthy living, and a focus on team-building will be identified throughout these styles.

Students will explore dance as a medium to develop self-discipline, risk taking, cooperation, assertiveness, and creativity by imagining, creating, and reflecting through the art of dance.

#### **Jazz Dance 30S (Non-auditioned, all**

**welcome!) (DJAZZ30S)** -- Optional Gr. 11 course

This class works on technique, building more dance vocabulary and fostering individual style by encouraging dancers to create their own choreography. The aim is to develop dancers with the freedom of movement that comes from a firm technical foundation, grace, style, and attitude! Combinations are a diverse, challenging blend of many styles including hip hop, lyrical, and contemporary jazz. This class strives to create new and interesting movement that inspires the dancers to make creative choices, and includes technique, style, and performance qualities.

### **Jazz Dance 40S (Non-auditioned, all welcome!)**

**(DJAZZ40S)** -- Optional Gr. 12 course

This course is designed as a continuation of the fundamental elements in dance. Students will continue to develop technique, flexibility, agility, coordination, fitness, musicality, mental training, and creativity while further exploring a variety of styles. Further development of dance-related activities such as pilates, yoga, fusion, and acting for dance are explored. Emphasis will be on group and small group choreography. The students will perform at several venues and compete at the Manitoba Dance Festival. All dance styles will contain learning outcomes from each of the following areas: technique, theory, composition, and presentation.

### **Dance: Modern/Contemporary 10S, 20S, 30S, 40S**

**(Non-auditioned, all welcome!) (DANCE10S, 20S, 30S, 40S)** -- Optional Gr. 9, 10, 11, 12 courses

The students will learn different styles, modern technique, and a modern aesthetic. A variety of dance and dance-related course work such as pilates technique, yoga, core stability, and 'acting for dance' are explored. This experience broadens the dancer's vocabulary, provides them with choreographic materials, and promotes open-mindedness and discovery. The warm-up is fluid with strong ballet influences and this choreography reflects the basic



principles of the warm-up. The style is unique and passionate, involving dynamic movement and a fluid technical athleticism. Coupled with multi-cultural musical influences, the class is involving and fun.

## Drama

### Dramatic Arts 10S (DRAMA10S) -- Optional Gr. 9 course

Dramatic Arts 10S is an introductory course for students who are interested in Theatre. Topics covered include improv, scene study, basic stage usage, readers theatre and more. Previous performance experience is not required. This is a practical course with students presenting on stage. Dramatic Arts courses support and can be taken at the same time as Theatre Production.

### Dramatic Arts 20S (DRAMA20S) -- Optional Gr. 10 course

Dramatic Arts 20S builds on skills introduced in Dramatic Arts 10S. Dramatic Arts 10S is not required to take 20S. Topics covered are more advanced forms of improv, movement, scene study and other dramatic forms. Continued emphasis will be placed on skill development and technique. Dramatic Arts courses support and can be taken at the same time as Theatre Production.

### Dramatic Arts 30S (DRAMA30S) -- Optional Gr. 11 course

Dramatic Arts 20S is recommended as a foundation before taking this course. Interpretation, analysis, and presentation for a variety of scripted styles are at the center of the studies. Students will examine and analyze various aspects and meanings of performance. Continued emphasis will be placed on skill development and performance technique. In addition, there will be study of script writing and story creation. Dramatic Arts courses support and can be taken at the same time as Theatre Production.

### Dramatic Arts 40S (DRAMA40S) -- Optional Gr. 12 course

Dramatic Arts 30S is recommended as a foundation before taking this course. Continued focus will be placed on development of vocal, acting, script writing, and improvisational skills. In addition, we look at the business of theatre and how to present independent shows. This course is an excellent introduction for those students looking to continue with Drama after high school. Dramatic Arts courses support and can be taken at the same time as Theatre Production.

### Theatre Production 10S (THP10S) -- Optional Gr. 9 course - Enrichment Opportunity

This course is a great steppingstone for students who are looking to participate in an active performance company (Oak Park Theatre Company). These productions include our main stage show at the Gas Station theatre, The Student Directed performance, the Manitoba Youth Drama Festival, and more. A student is not required to take any other Drama courses, although it is recommended. Students will be required to participate in most of the shows that Oak Park theatre Company present throughout the year. Students will have the ability to choose how they wish to participate (on or off stage). Theatre Company is held, after school (3:40-4:30 pm), throughout the week.

### Theatre Production 20S (THP20S) -- Optional Gr. 10 course - Enrichment Opportunity

Theatre Production 10S is recommended prior to taking this course, but not required. In addition, it is recommended that students take Dramatic Arts 20S while taking THP20S. Students will be required to participate in most of the shows that Oak Park Theatre Company. Grade 10 students are given the opportunities to take a more active role in our productions. Students are given the freedom to explore different responsibilities on and off stage. Theatre Company is held, after school (3:40-4:30 pm), throughout the week.





**Theatre Production 30S (THP30S) -- Optional Gr. 11 course - Enrichment Opportunity**

Theatre Production 20S is recommended prior to taking this course but not required. In addition, it is recommended that students take Dramatic Arts 10S, 20S or 30S while taking THP30S. Students will continue to build on their previous experiences and explore all aspects of Theatre. As a Grade 11 student, leadership roles will be offered, though a student will be able to choose how they wish to participate. Theatre Company is held after school (3:40 pm-4:30 pm), throughout the week.

**Theatre Production 40S (THP40S) -- Optional Gr. 12 course - Enrichment Opportunity**

Theatre Production 10S, 20S and 30S are recommended prior to taking this course, but not required. In addition, it is recommended that students take Dramatic Arts 10S, 20S, 30S or 40S while taking THP40S. While taking this course students will be taking leadership roles in all Theatre Company productions. This would include directing, production departments, stage management and more. Theatre Company is held, after school (3:40 pm-4:30 pm), throughout the week.

**Screen Arts (Film)**

**Video Production 20S (VPS20S) -- Optional Gr. 9, 10 courses**

The 20S Video Production course introduces broad foundational skills in planning, shooting, directing and producing short form media. This takes the form of theory demonstrations and group based short film assignments with a range of themes from silent film to action film to viral video. Monthly screenings celebrate the work of the students and focus on improving craft and reflecting on best practices in storytelling. As participants progress in their media arts skill development, they are exposed to current techniques for visual effects and have the option to move into a variety of animation styles to tell their stories if they choose to. Students are encouraged to work in the technical space of their preference, be it with mobile device cameras, DSLR's or computer-based image creation. Works from these courses are screened each year in June at the Screen Arts Festival in the Oak Park Theatre.



### **Video Production 30S & 40S: Filmmaking (VPS30S, VPS40S) -- Optional Gr. 11, 12 courses**

The 30S and 40S Video Production courses continue to build upon skills in planning, shooting, directing and producing short form media. This takes the form of self-guided short film assignments with a range of themes that are used as inspiration to develop skills in expression. Monthly screenings celebrate the work of the students and focus on improving craft and reflecting on best practices in storytelling. Participants have the option to work in the technical space of their preference, be it with mobile device cameras, DSLR's or computer-based image creation and animation. Works from these courses are screened each year in June at the Screen Arts Festival in the Oak Park Theatre.

### **Film Company 1: Film Production 10S, 20S (IFP10S, IFP20S) -- Optional Gr. 9 and 10 courses**

Students enrolled in Film Company 1 will form the core cast and crew for OP independent film productions. This is a team-based course similar in format to a school musical. They will be trained in the skills needed to act for film and television production in addition to the technical aspects of 35mm digital cinema production ranging from camera techniques, lighting, editing, sound, make-up, and wardrobe. This course operates as one of three courses designed to provide high-quality film production experiences at OP each year. Course time slots will vary with many course hours taking place on the weekend and after school.

### **Film Company 2: Film Production 30S (IFP30S) -- Optional Gr. 11 course**

Students enrolled in Film Company 2 will form the core cast and crew for Oak Park independent film productions. Students will continue to develop their acting and technical production skills from Film Company 1. This is a team-based course similar in format to the traditional school musical. This course operates as one of three courses designed to provide high quality film production experiences at Oak Park each year. Course time slots will vary with many course hours taking place on the weekend and after school.

### **Film Company 3: Film Production 40S (IFP40S) -- Optional Gr. 12 course**

Students enrolled in Film Company 3 will act as technical and artistic directors for Oak Park independent film productions. Students in this course will learn the technical considerations to directing a motion picture and advance their own skills in the areas of acting and production. They will be mentored in the arts of organization, planning, acting, and managing department resources. These areas include establishing space, advanced lighting techniques, working with actors, and aesthetic choices. This course operates as one of three courses designed to provide high quality film production experiences at Oak Park each year. Course time slots will vary with many course hours taking place on the weekend and after school.

## Visual Art

### Art 10S and 20S (ART10S, 20S) -- Optional Gr. 9 and 10 courses

Art appreciation and satisfaction from self-expression are major aims of this course. Students will better understand the potentials of various art processes. Making, creating, connecting and responding as described in the Manitoba Visual Arts Curriculum Framework of Outcomes will be explored. Course fee is required for supplies.

### Art 30S (ART30S) -- Optional Gr. 11 course

Content will include the exploration of the elements and principles of art as they apply to composition. Media and techniques will be further expanded. Problem solving skills will be used to create personal visual statements. Art history, art appreciation, and critical analysis are important aspects of this course. Recommended prerequisite: Art 20S. Course fee is required for supplies.

### Art 40S (ART40S) -- Optional Gr. 12 course

This course is intended for students who wish to further explore the possibilities of creativity and self-expression. Students develop problem solving skills and a greater sense of visual awareness. The course is comprised of a variety of units that encourage the exploration of individual interests and styles. Art history and principles of art criticism will be included. Recommended prerequisite: Art 30S. Course fee is required for supplies.



# English Language Arts (ELA)

Critical thinking skills form the foundation of effective communication. These allow students to learn, to interpret and infer, to solve problems, and to understand – but also to question – the world around them.

Communicating one's ideas and opinions clearly, in writing and in speaking, is necessary in every profession. At all grades, students will have the opportunity to write analytically and creatively. Students will prepare oral presentations and participate in class discussions to build speaking and listening skills.

At all grades, students will read a variety of texts, including literary works (novels, short stories, poems) and non-fiction (articles, editorials, essays). Students will also analyze film and video texts, still images, diagrams and charts, and other forms of visual communication.

English Language Arts (ELA) programming in Grade 9 and 10 is foundational. These courses offer a range of reading, writing, speaking, viewing, and thinking activities, introducing students to the key skills and concepts they'll need for subsequent grades.

**ELA 10F (ELA10F)** -- Compulsory Grade 9 course  
This foundational ELA course will expose students to a balance of fiction and non-fiction and introduce forms of writing that allow for expression of their interpretations and opinions.

**ELA 20F (ELA20F)** -- Compulsory Grade 10 course  
This foundational ELA course builds upon skills from Grade 9 and continues to offer a balance of different forms of text and a variety of modes through which students will express their interpretations and opinions.

**ELA 20F (ELA20FI)/Geography 20F (GEOIC20FI)**  
-- Integrated -- Compulsory Gr. 10 courses (available to students in the English program only)  
The Integrated English Language Arts and Geography course provides a unique opportunity for cross-curricular education. It promotes a self-directed, inquiry-based learning environment as students work through thematic units of study relevant to both the ELA and Geography curricula. Students will earn one credit for ELA20F and one credit for GEOIC20S. These courses are taught, daily, over two consecutive periods.



In Grades 11 and 12, ELA some course offerings are more specialized. While different in their focus, each will allow students to continue to build and refine their reading, writing, speaking, viewing, listening, and critical thinking skills. Students are encouraged to take two ELA courses, particularly those considering post-secondary education upon graduation.

**ELA Literary Focus 30S (ELALF30S)** -- Can be chosen as a compulsory Gr. 11 course

This course puts an emphasis on reading and analyzing works of fiction, pieces written for aesthetic or creative purposes (for example, novels, plays, poetry, short stories, and film). Students will do the bulk of their work with fictional texts. However, students will also read, analyze, and create non-fiction texts (for example, editorials, essays, and speeches).

**ELA Transactional Focus 30S (ELATF30S)** -- Can be chosen as a compulsory Gr. 11 course

This course puts an emphasis on reading and analyzing works that fall into the non-fiction category. Students will do the bulk of their work with non-fiction texts, including speeches, articles, essays, and documentaries. However, students will also read, analyze, and create fictional texts (for example, novels, plays, poetry, short stories, and film).

**ELA Comprehensive Focus 30S (ELACF30S)** -- Can be chosen as a compulsory Gr. 11 course

Students will do a balance of fiction (including novels, plays, short stories, poetry) and non-fiction (including articles, speeches, editorials, essays, and documentary film), similar in nature to the balance offered in the Grade 9 and 10 foundational ELA courses.

**ELA Comprehensive Focus (ELATF30SI) / History of Canada (HIS30FI)** -- Integrated Courses --

Compulsory Gr. 11 courses (available to students in the English Program)

The integrated ELA and History courses provide a unique opportunity for cross-curricular education. The integrated course invites students to work through thematic based units of study relevant to both the ELA and the History curricula. Students will earn one credit for ELACF30S and one credit for HIS30S. These courses are taught, daily, over two consecutive periods.

**ELA Literary Focus 40S (ELALF40S)** -- Can be chosen as a compulsory Gr. 12 course

This course puts an emphasis on reading and analyzing works of fiction, pieces that have been written for aesthetic or creative purposes and builds on skills gained in previous ELA courses. Students will do the bulk of their work with fictional texts. However, students will also read, analyze, and create non-fiction texts. Students seeking enrichment should select both this and the ELA Literary Language and Forms (ELALL40S) course. Those considering post-secondary education will benefit from taking both the Literary and Transactional Focus courses if the enrichment option isn't a good fit.

**Public Speaking 30S (PUBSP30S)** -- Optional Gr. 11 course

This is a performance course to familiarize students with the preparation and delivery of various kinds of speeches. Students will read and analyze speeches presenting diverse perspectives and opinions on a variety of topics. Students will research, outline, and deliver speeches, as well as act as critics of their own, fellow students', and famous speakers' work. The course aims to reduce students' anxiety in public presentations, enhance their public speaking skills, and to make students better able to evaluate their own performances and those of others.

Planning ahead: Recommended for grade 10-12 students, no prior courses required.

**ELA Transactional Focus 40S (ELATF40S)** -- Can be chosen as a compulsory Gr. 12 course

This course puts emphasis on reading and analyzing works of non-fiction, pieces that have been written for pragmatic purposes. Students will do the bulk of their work with non-fiction texts, but they will also read, analyze, and create fictional texts. Students considering post-secondary education will benefit from taking both the Transactional and Literary Focus courses.

**ELA Comprehensive Focus 40S (ELACF40S)** -- Can be chosen as a compulsory Gr. 12 course

Students will do an equal amount of work with fictional and non-fictional reading materials and learning activities as they continue to hone skills developed in previous ELA courses. Students considering post-secondary education are strongly encouraged to take two Grade 12 ELA courses.

**ELA: Language and Literary Forms 40S****(ELALL40S)** -- Optional Gr. 12 course

This course is suited to students interested in developing the skills and acquiring the knowledge for ongoing study and analysis of literary texts. The program will focus on the evolution of the tragic and comedic genres from ancient to modern times through a variety of novels, plays, films, and poems. Many of the texts in this course overlap with those offered in first year university English courses, giving students an advantage in the post-secondary world. As the culminating course on the literary journey, it provides an opportunity to solidify the necessary critical thinking and writing skills that most programs of post-secondary study require, including those that have nothing to do with the study of literature. Planning ahead: Students sign up for ELA Literary Focus 40S (ELALF40S) and ELA: Language and Literary Forms 40S (ELALL40S) in their grade 12 year.

**English Language and Transactional Forms - Journalism 40S (ELATR40S)** -- Optional Gr. 12 course

This course will focus on journalistic writing and will teach communication skills that are applicable in the fields of Media, Business and the Arts. In class we will focus on reading and creating a variety of non-fiction works including short and medium-length articles. Some written assignments may appear in the Oak Park Yearbook. Examples are stories about sports teams, art events, school events, and students at Oak Park. There is no final exam; instead, students will focus on writing an article on a topic of their choice. Journalism 40S will take place every second school day throughout the entire year. For students wishing to be involved in photography, layout and design of the OP Yearbook, this class may be taken along with Print Media - Yearbook 40S (PRINTM40S).



# Languages

## French Immersion

The following language courses are offered to our students in the French Immersion Program as they are taught in French.

### Français

The Français course provides opportunities for students in French Immersion to hone their second language skills in the areas of oral and written language. These courses are compulsory for French Immersion students at each grade level.

#### Français 10F (XFR10F) -- Cours obligatoire de la 9<sup>e</sup> année

Dans ce cours de base, les étudiant-e-s développeront leurs habiletés en langue seconde en exécutant des projets à l'oral et à l'écrit qui sont guidés par l'enseignant. Les étudiant-e-s mettront l'accent sur l'acquisition d'une stratégie de planification pour gérer leurs habiletés à l'écrit et à l'oral.

In this basic course, students will develop their second language skills through guided oral and written projects. The students will focus on acquiring strategies for planning and managing their written and oral skills.

#### Français 20F (XFR20F) -- Cours obligatoire de la 10<sup>e</sup> année

Dans ce cours, les étudiant-e-s continueront à développer leurs compétences en langue seconde par l'entremise de projets guidés et indépendants. Ce cours permettra aux élèves d'élargir leurs connaissances et d'améliorer leurs capacités de réflexion critique et analytique en les exposant à une variété de discours, de textes littéraires, et de médias.

In this course, students will continue to develop their second language skills through guided and independent projects. This course allows students to extend and enhance their ability to think critically and analytically by exposing them to a variety of oral presentations, literary texts, and the media.

#### Français 30S (XFRLC30S) -- Cours obligatoire de la 11<sup>e</sup> année

Dans ce cours, les étudiant-e-s continueront à développer et améliorer leurs compétences



en langue seconde par l'entremise de projets indépendants. Au fur et à mesure que les étudiant-e-s planifient et gèrent leurs projets de communication, ils auront l'occasion de démontrer leur compétence et leur confiance en français ainsi que leur compréhension et leur appréciation d'une variété de textes littéraires et médiatiques.

In this course students will extend and improve their second language skills through independent projects. Gradually, as students plan and manage their communication projects, they will have the opportunity to demonstrate their competence and confidence in French as well as their growing understanding and appreciation of literary and media texts.

#### Français 40S (XFRLC40S) -- Cours obligatoire de la 12<sup>e</sup> année

Ce cours vise le perfectionnement du développement des étudiant-e-s en proposant des activités plus complexes de compréhension et de production orales et écrites. Les étudiant-e-s viseront à améliorer leur compréhension ainsi que leur habileté à exprimer des idées de plus en plus profondes et abstraites.

This course will enhance student development by providing more complex comprehension, oral, and written activities. Students will aim to improve their understanding and the ability to express ideas more profoundly and abstractly.

**Français oral (XFI11G, XFI21G, XFI31G, XFI41G) --**

Cours optionnel de la 9<sup>e</sup>, 10<sup>e</sup>, 11<sup>e</sup>, 12<sup>e</sup> année

Les élèves qui souhaitent améliorer leurs compétences en expression orale pour croissance personnelle ou comme un atout pour leurs carrières futures bénéficieront de ce cours, qui a pour but de développer la confiance de l'élève qui communique en cette langue officielle du Canada. Les élèves participeront à des activités telles que : des jeux, de l'improvisation, de la conversation en groupes, des présentations de projets, le théâtre, les films, l'analyse des chansons. Les élèves bénéficieront aussi d'un dialogue avec des conférenciers invités et des sorties scolaires.

Students wishing to improve their French oral skills for personal growth or as a career asset will benefit from this course by developing confidence in communicating in this official language.

Students will participate in activities such as games, improvisation, group discussions, project presentations, theatre, films, song analyses. This course will include guest speakers and field trips.

## Espagnol

**Espagnol 10F (XESP(4Y)10F) -- Cours optionnel de la 9<sup>e</sup> année**

Dans ce cours d'introduction, les étudiant-e-s acquerront des compétences de la langue et du vocabulaire qui les prépareront pour des études futures en espagnol. Les élèves pratiqueront la langue en faisant une multitude d'activités qui les feront écouter, parler, lire, écrire, et faire des activités d'observation. De plus, les élèves participeront à des expériences qui explorent les aspects culturels du monde hispanophone. (Niveau 1 de 4)

In this introductory course, students will acquire foundational language skills and vocabulary that will prepare them for future studies in Spanish. They will practice the language through a multitude of listening, speaking, reading, writing, and viewing activities. As well, students will participate in experiences which explore cultural aspects of the Spanish-speaking world. (Level 1 of 4)

**Espagnol 20F (XESP(4Y)20F) -- Cours optionnel de la 10<sup>e</sup> année**

Dans ce cours, qui est la suite d'Espagnol 10F, les élèves miseront sur le vocabulaire, la grammaire, et les stratégies qu'ils ont acquis. Ils continueront à développer leur maîtrise de la langue en participant à une variété d'expériences qui mettent l'accent sur l'utilisation de la langue dans des situations de la vie réelle. De plus, les étudiants exploreront la diversité du monde hispanophone. (Niveau 2 de 4)

As a continuation of Espagnol 10F, students will build on the vocabulary, grammar, and strategies they have acquired. They will continue to develop their language proficiency by participating in a variety of experiences which emphasize using language in real-life situations. Students will further explore the diversity of the Spanish-speaking world. (Level 2 of 4)

**Espagnol 30S (XESP(4Y)30S) -- Cours optionnel de la 11<sup>e</sup> année**

Ce cours, qui est la suite du cours Espagnol 20F, est axé sur l'amélioration de la fluidité. Les étudiant-e-s pourront améliorer leur compréhension auditive et la lecture en utilisant une variété de textes visuels, auditifs, et écrits. De plus, ils développeront davantage leur vocabulaire et leurs stratégies de l'apprentissage de la langue. Les étudiant-e-s continueront à explorer la diversité du monde hispanophone à travers un large éventail d'activités culturelles. (Niveau 3 de 4)

This course, which is continuation of Espagnol 20F, is focused on enhancing fluency. Students will improve their aural and reading comprehension using a variety of visual, auditory, and written texts. As well, they will further develop their vocabulary and language learning strategies. Students will continue to explore the diversity of the Spanish-speaking world through a wide range of cultural activities. (Level 3 of 4)

**Espagnol 40S (XESP(4Y)40S) -- Cours optionnel de la 12<sup>e</sup> année**

Ce cours est la suite de Espagnol 30S et mène à des études postsecondaires. Les élèves acquerront de plus grandes compétences dans les domaines du parler, de l'écoute, de la lecture, de l'écriture, et de la visualisation en espagnol à travers l'étude des traditions, de l'art, de la nourriture, de la littérature, du cinéma, de la danse, et de la musique. Ils utiliseront leur expérience personnelle et leurs connaissances préalables pour exprimer des idées et donner leurs opinions sur une variété de sujets. (Niveau 4 sur 4)

This course is the continuation of Spanish 30S and leads to post-secondary studies. Students will develop greater proficiency in speaking, listening, reading, writing, and viewing in Spanish through the study of traditions, art, food, literature, film, dance, and music. They will use their personal experience and prior knowledge to express ideas and to give their opinions on a variety of topics. (Level 4 of 4)



## Languages

The following language courses are offered to students in the English Program.

### French: Communication and Culture

As a continuation of the French: Communication and Culture courses which begin in grade four, students are given the opportunity to continue to acquire the necessary language skills to communicate in French, to value the learning of French as a tool for personal, intellectual and social growth, to demonstrate an appreciation of the francophone cultures and to further develop intercultural communication skills that are essential to all global citizens. Students should select the level based on their experience and facility with the French language.

#### French: Communication and Culture 10F (FCC10F)

-- Foundational Level -- Optional Gr. 9 course

At this level, students will demonstrate comprehension while listening and reading. They will continue to develop their ability to communicate their ideas effectively and logically both verbally and in writing. They will demonstrate a general knowledge of francophone cultures and the advantages of learning French.

**French: Communication and Culture 20F (FCC20F) and 30S (FCC30S)** -- Intermediate Level -- Optional Gr. 10 and Gr. 11 courses

At these levels, students will participate in sustained conversations in a variety of interactive situations related to their personal lives and social issues. They will understand questions that are more complex and respond with more complex answers while continuing to expand vocabulary and linguistic structures. They will read and interact with a variety of genres with increasingly complex text, will write organized texts and begin to adapt their writing to suit different purposes and audiences.

**French: Communication and Culture 30S (FCC30S) and 40S (FCC40S)** -- Advanced Level -- Optional Gr. 11 and Gr. 12 courses

At this level, students will participate in increasingly complex, spontaneous and sustained conversations related to their personal lives, as well as to social and global issues. They will participate in a variety of authentic and interactive situations amongst themselves and with other French speakers.

Students will use sophisticated vocabulary in different verb tenses and moods in their writing and will speak French at an advanced level confidently and independently.



## Spanish

The Spanish courses are tailored to students with little or no prior knowledge of Spanish.

**Spanish 10F (SPA410F)** -- Optional Gr. 9 course  
In this introductory course, students will acquire foundational language skills and vocabulary that will prepare them for future studies in Spanish. They will practice the language through a multitude of listening, speaking, reading, writing, and viewing activities. As well, students will participate in experiences which explore cultural aspects of the Spanish-speaking world. (Level 1 of 4)

**Spanish 20F (SPA420F)** -- Optional Gr. 10 courses  
As a continuation of Spanish 10F, students will build on the vocabulary, grammar, and strategies they have acquired. They will continue to develop their language proficiency by participating in a variety of experiences which emphasize using language in real-life situations. Students will further explore the diversity of the Spanish-speaking world. (Level 2 of 4)

**Spanish 30S (SPA430S)** -- Optional Gr. 11 course  
This course, which is continuation of Spanish 20F, is focused on enhancing fluency. Students will improve their aural and reading comprehension using a variety of visual, auditory, and written texts. As

well, they will further develop their vocabulary and language-learning strategies. Students will continue to explore the diversity of the Spanish-speaking world through a wide range of cultural activities. (Level 3 of 4)

**Spanish 40S (SPA440S)** -- Optional Gr. 12 course  
This course is the continuation of Spanish 30S and leads to post-secondary studies. Students will develop greater proficiency in speaking, listening, reading, writing, and viewing in Spanish through the study of traditions, art, food, literature, film, dance, and music. They will use their personal experience and prior knowledge to express ideas and to give their opinions on a variety of topics. (Level 4 of 4)

## English as an Additional Language (EAL)

The EAL program is designed to provide students with little English language knowledge an opportunity to develop their language skills through an intensive language program. The focus will be to acquire basic interpersonal communication skills through reading, writing, speaking and listening activities. Referral to EAL courses will be made based on English language assessments done at the time of entry and students will be enrolled in an appropriate English level course.

# Mathematics/ Mathématiques

## Mathematics 10F (MAT10F) -- Compulsory Gr. 9 course

The grade 9 Math curriculum will study characteristics that define Mathematics including change, number sense, patterns, relationships, and spatial sense. This course will help students develop a foundation and skill set that will be useful in whatever pathway they choose. The topics covered in grade 9 are meant to build upon previous knowledge and to progress from simple to more complex conceptual understandings.

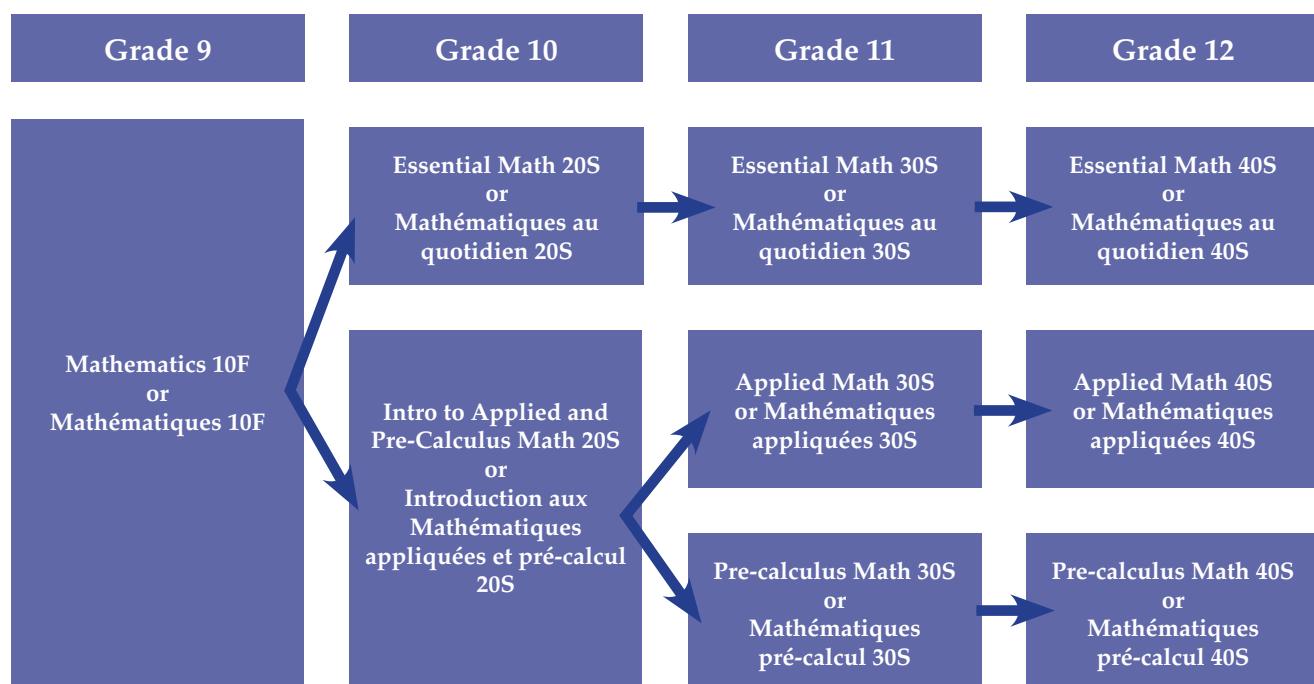
## Mathématiques 10F (XMAT10F) -- Cours obligatoire de la 9<sup>e</sup> année

Le programme de mathématiques de la 9<sup>e</sup> année étudie les caractéristiques qui définissent les mathématiques, y compris le changement, le sens du nombre, les motifs, et les relations de sens spatial. Ce cours aidera aux élèves à développer une base de connaissances qui leur sera utile n'importe la voie qu'ils choisissent. Les sujets abordés en 9<sup>e</sup> année visent l'intégration des connaissances antérieures et permettent une progression de la compréhension des concepts du plus simple au plus complexe.

## Grade 9 Transitional Mathematics (MTR10F/XMTR10F) -- Optional Gr. 9 course

Curriculum focuses on the development of positive student attitudes toward learning, mathematical background, communication, motivation, and work habits. This course provides students with the opportunity to solidify their math skills and deepen their knowledge in preparation for Math 10F / XMAT10F.

The chart below outlines Math Topics and Pathways in high school.



*Above chart adapted from Grades 9 to 12 Mathematics: Manitoba Curriculum Framework of Outcomes, 2014 Revisions*



### **When choosing a Mathematics Pathway in Grade 10, please consider the following:**

a) How successful was the student in Grade 9 Math? If the mark was between:

- 50% to 70% - Essential Math is recommended
- Over 70% - Introduction to Applied and Pre-Calculus Math is recommended

b) What are the student's educational plans after graduation?

c) How hard is the student prepared to work? Introduction to Applied and Pre-Calculus (MIAP20S) / Introduction aux mathématiques appliquées et pré-calcül 10e année 20S (XMIAP20S) will require approximately one hour of homework each night. Most of the work in Essential Mathematics 20S (MES20S) / Les mathématiques au quotidien 20S (XMES20S) can be done in class with some homework. All students require a scientific calculator.

As students progress from Grade 10 to Grade 12, they may choose to take more than one math course to determine which pathway best suits them. Students should follow the suggested series of courses as indicated above.

**Essential Mathematics 20S (MES20S)** -- Can be chosen as Compulsory Gr. 10 course This course is intended for students whose post-secondary plan does not include a focus on mathematics and science-related fields. Students will work on mathematical concepts and skills encountered in everyday life in a technological society. Students will acquire problem solving and critical-thinking skills that will assist them in a variety of trades, or direct entry into the work force. Topics include interest and credit, personal finances, 3-D geometry, area and volume, trigonometry and design.

**Les mathématiques au quotidien 20S (XMQU20S)**  
-- Peut être choisi comme cours obligatoire de la 10<sup>e</sup> année

Ce cours a été conçu pour les élèves dont le plan post secondaire ne nécessite pas une étude approfondie des mathématiques et des domaines scientifiques. Les élèves travailleront les concepts mathématiques et les habiletés rencontrés quotidiennement dans une société technologique. Les élèves acquerront les habiletés de résolution des problèmes et la pensée critique qui les assisteront dans une variété des métiers ou pour entrer directement dans le monde du travail. Les sujets traités comprennent l'intérêt et le crédit, les finances personnelles, la géométrie, l'aire et le volume, la trigonométrie et le design.

### **Introduction to Applied and Pre-Calculus**

**Mathematics 20S (MIAP20S)** -- Can be chosen as Compulsory Gr. 10 course

Grade 10 Introduction to Applied and Pre-Calculus Mathematics is intended for students considering post-secondary studies that require a math prerequisite. This pathway provides students with the mathematical understanding and critical thinking skills that have been identified for specific post-secondary programs of study. It is recommended that students complete MAT10F with a mark of 70% or more before enrolling in this course.

### **Introduction aux mathématiques appliquées et pré-calc**

**calcul de la 10e année 20S (XMIAP20S)** -- Peut être choisi comme cours obligatoire de la 10e année

Le cours Introduction aux mathématiques appliquées et pré-calc de la 10e année est un cours conçu pour les élèves qui envisagent de poursuivre des études postsecondaires nécessitant une étude plus approfondie des mathématiques. Cette voie fournit aux élèves les connaissances mathématiques et les habiletés de pensée critique qui ont été identifiées pour des programmes d'études postsecondaires spécifiques. On recommande que les élèves réussissent le cours XMAT10F avec une note de 70% ou plus avant de s'inscrire au cours.

**Essential Mathematics 30S (MES30S)** -- Can be chosen as Compulsory Gr. 11 course

This course is intended for students whose post-secondary plan does not include a focus on mathematics and science-related fields. Students will work on mathematical concepts and skills encountered in a technological society. Topics covered are interest and credit, managing money, 3-D geometry, relations and patterns, statistics, trigonometry, and design.

### **Mathématiques au quotidien 30S (XMQU30S)** --

Peut être choisi comme cours obligatoire de la 11e année

Ce cours a été conçu pour les élèves pour qui l'emphase postsecondaire ne sera pas sur les mathématiques et les domaines scientifiques. Les élèves devront travailler sur des concepts et des habiletés mathématiques que l'on retrouve dans une société technologique. Les sujets d'étude comprennent les intérêts et le crédit, la gestion de l'argent, les objets 3D, les relations, les statistiques, la trigonométrie ainsi que le design et le modelage.

**Applied Mathematics 30S (MAP30S)** -- Can be chosen as Gr. 11 Compulsory course

This course is intended for students considering post-secondary studies without the study of theoretical calculus. Applied Math 30S expands

upon the knowledge and skills developed in MIAP20s; while building a foundation for Applied Math 40S. The primary goals of Applied Mathematics are the development of critical thinking skills through modeling of real-world situations. A graphing calculator is required. It is recommended that students successfully complete MIAP20S with a mark of 65% before enrolling in this course.

**Mathématiques appliquées 30S (XMAP30S)** -- Peut être choisi comme cours obligatoire de la 11e année Ce cours est conçu pour des élèves qui envisagent de poursuivre des études postsecondaires qui ne nécessitent pas l'étude du calcul différentiel et intégral. Le cours de Mathématiques appliquées 30S développe les connaissances et les habiletés acquises durant le cours de MIAP, et crée une base pour la continuation du cheminement en Mathématiques appliquées 40S. Le but principal des mathématiques appliquées est de faire en sorte que les élèves développent la pensée critique aux situations quotidiennes. Une calculatrice graphique est obligatoire. On recommande que les élèves complètent XMIAP20S avec une note de 65 % ou plus avant de s'inscrire au cours.

**Pre-Calculus Mathematics 30S (MPC30S)** -- Can be chosen as Gr. 11 Compulsory course

This course is designed for students who intend to study calculus and related mathematics in their post-secondary education. It builds on the topics studied in MIAP20S and provides background knowledge and skills for Grade 12 Pre-calculus Mathematics. The course comprises a high-level study of theoretical mathematics with an emphasis on problem solving and mental mathematics. It is recommended that students successfully complete MIAP20S with a mark of 75% before enrolling in this course.

### **Mathématiques pré-calc 30S (XMPC30S)** -- Peut être choisi comme cours obligatoire de la 11e année

Le cours de Mathématiques pré-calc (30S) de la 11e année est conçu pour les élèves qui envisagent de poursuivre des études postsecondaires pour lesquelles l'étude du calcul différentiel et intégral est obligatoire. Il est fondé sur les connaissances et les habiletés acquises dans le cours de XMIAP, et il fournira les connaissances et l'arrière-plan pour la continuation du cheminement en Mathématiques précalcul (40S) de la 12e année. Le cours comprend un haut niveau d'études de mathématiques théoriques et met l'accent sur la résolution de problèmes et le calcul mental. On recommande que les élèves complètent XMIAP20S avec une note de 75% ou plus avant de s'inscrire au cours.

**Essential Mathematics 40S (MES40S)** -- Can be chosen as Gr. 12 Compulsory course  
This course is intended for students whose post-secondary planning does not include a focus on mathematics and science-related fields. Grade 12 Essential Mathematics is a one-credit course emphasizing consumer applications, problem solving, decision making, and spatial sense. Students will work on mathematical concepts and skills encountered in a technological society. Topics covered are Vehicle Finance, Statistics, Measurement, Home Finance, Trigonometry and Probability.

**Mathématiques au quotidien 40S (XMQU40S)** -- Peut être choisi comme cours obligatoire de la 12e année  
Le cours de Mathématiques au quotidien 40S a été conçu pour les élèves pour lesquels une étude approfondie des mathématiques et des domaines scientifiques n'est pas nécessaire pour les études postsecondaires. Le cours de Mathématiques au quotidien 40S est un cours d'un crédit qui met l'accent sur des applications de consommation, la résolution de problèmes, la prise de décision et le sens spatial. Les élèves devront travailler sur des concepts et des habiletés mathématiques que l'on retrouve dans une société technologique. Les sujets abordés sont les finances quotidiennes,

les statistiques, la mesure, la trigonométrie et la probabilité.

**Applied Mathematics 40S (MAP40S)** -- Can be chosen as Gr. 12 Compulsory course  
This course is intended for students considering post-secondary studies that do not require a study of theoretical calculus. Applied Mathematics promotes the learning of numerical and geometrical problem-solving techniques as they relate to the world around us. A graphing calculator is required for this course. It is recommended that students successfully complete MAP30S with a mark of 65% before enrolling in MAP40S.

**Mathématiques appliquées 40S (XMAP40S)** -- Peut être choisi comme cours obligatoire de la 12e année  
Ce cours est destiné aux étudiants qui envisagent des études postsecondaires pour lesquelles l'étude du calcul théorique n'est pas obligatoire. Mathématiques appliquées 40S favorise l'apprentissage des techniques de résolution de problèmes numériques et géométriques qui se rapportent au monde qui nous entoure. Une calculatrice graphique est obligatoire. On recommande que les élèves complètent le cours XMAP30S avec une note de 65 % ou plus avant de s'inscrire au cours XMAP40S.





**Pre-Calculus Mathematics 40S (MPC40S)** -- Can be chosen as Gr. 12 Compulsory course

This course is designed for students who intend to study calculus and related mathematics in their post-secondary education. The course comprises a high-level study of theoretical mathematics with an emphasis on problem solving and mental mathematics. Students will be required to utilize previous knowledge from Pre-Calculus Mathematics 30S (MPC30S) to learn new mathematical concepts. It is recommended that students successfully complete MPC30S with a mark of 65% before enrolling in MPC40S.

**Mathématiques pré-calcul 40S (XMP40S)** -- Peut être choisi comme cours obligatoire de la 12e année Ce cours est conçu pour les élèves qui envisagent d'étudier le calcul et poursuivre des études postsecondaires pour lesquels l'étude du calcul différentiel et intégral est obligatoire. Le cours comprend un haut niveau d'études des mathématiques théoriques et met l'accent sur la résolution de problèmes et le calcul mental. Les élèves doivent utiliser les connaissances et les habiletés acquises au préalable durant le cours de Mathématiques pré- calcul 30S, pour la poursuite des connaissances en pré-calcul (40S). On

recommande que les élèves complètent le XMP30S avec une note de 65 % ou plus avant de s'inscrire au cours XMP40S.

**Advanced Mathematics 45S-I (MAD45S)** --

Optional Gr. 12 course

This half credit enrichment course may be taken concurrently with MPC40S. It is NOT a substitute for a Mathematics 40S course. Topics may include Matrix Algebra, Polar Coordinates, Conic Sections and Statistics. This course runs every day during the first half of semester 2. This course is available to any student taking MPC40S.

**Introduction to Calculus 45S (MCI45S)** -- Optional Gr. 12 course

This half credit course is bundled with Advanced Mathematics 45S-I. Topics include Limits, Derivatives of Algebraic Functions, Implicit Differentiation, Applications of Differentiation, and Integration of Polynomial Functions. This course is available to any student taking MPC40S. This course runs everyday during the second half of semester 2.

# Physical Education/ Éducation physique



## **Physical Education 10F (PE10F) -- Compulsory Gr. 9 course**

In this course, students will meet outcomes in the areas of movement, fitness management, safety, personal/social management, and healthy lifestyle practice by participating in activities such as: basketball, volleyball, badminton, soccer, ultimate, touch football, slo-pitch, boot hockey, running, yoga, low-organized games, team handball, fitness testing, and weight training. Health topics include: personal fitness, drugs and alcohol, mental health, body image, human sexuality, first aid, and safety.

## **Éducation physique 10F (XEP10F) -- Cours obligatoire de la 9<sup>e</sup> année**

Dans ce cours, les élèves atteindront des résultats dans les domaines de motricité, la gestion de la condition physique, la sécurité, la gestion personnelle et relations humaines et habitudes de vie saines. Les élèves participeront à des activités telles que: le basket-ball, le volley-ball, le badminton, le soccer, ultimate, le touch-football, la balle lente, le hockey bottine, la course, le yoga, les jeux, le handball, le test de conditionnement physique, et l'entraînement aux poids. Les thèmes de la santé comprennent: comment développer et suivre un plan personnel de conditionnement physique, la drogue et l'alcool, la gestion du stress, la nutrition, la sexualité humaine, les premiers soins, et la sécurité.

jeux peu organisés, le handball, les tests de condition physique et l'entraînement aux poids. Les thèmes de la santé comprennent: le conditionnement physique personnel, la drogue et d'alcool, la santé mentale, l'image du corps, la sexualité humaine, les premiers soins et la sécurité.

## **Physical Education 20F (PE20F) -- Compulsory Gr. 10 course**

Students will meet outcomes in the areas of movement, fitness management, safety, personal/social management, and healthy lifestyle practice by participating in activities such as: basketball, volleyball, badminton, soccer, ultimate, touch football, slo-pitch, boot hockey, running, yoga, games, team handball, fitness testing, and weight training. Health topics include: developing and following a personal fitness plan, drugs and alcohol, stress management, nutrition, human sexuality, first aid, and safety.

## **Éducation physique 20F (XEP20F) -- Cours obligatoire de la 10<sup>e</sup> année**

Les élèves atteindront des résultats dans les domaines de motricité, la gestion de la condition physique, la sécurité, la gestion personnelle et relations humaines et habitudes de vie saines. Les élèves participeront à des activités telles que: le basket-ball, le volley-ball, le badminton, le soccer, ultimate, le touch-football, la balle lente, le hockey bottine, la course, le yoga, les jeux, le handball, le test de conditionnement physique, et l'entraînement aux poids. Les thèmes de la santé comprennent: comment développer et suivre un plan personnel de conditionnement physique, la drogue et l'alcool, la gestion du stress, la nutrition, la sexualité humaine, les premiers soins, et la sécurité.

## **Grade 11 and 12 Physical Education courses**

These compulsory full credit courses are designed to help students take greater ownership of their physical fitness development, encourage the discovery of physical activities suited to their personal interests, and promote an active healthy lifestyle. Students will be graded for completion of the course with a Complete or Incomplete designation. All students will be required to develop

and implement a personal physical activity plan pursued during the course. Students will be required to submit a course portfolio that demonstrates risk management planning, activity hours and levels, and personal reflection. This plan will involve input from the student, teacher, and parent/guardian. The number of required hours depends on the course selected by the student. All students in grade 11 will complete the following health components: fitness management, mental/emotional health, social impact of sport, and substance abuse. All students in grade 12 will complete the following health components: fitness management, sport psychology, nutrition, sexual reproductive health, and social development.

Students will choose to earn their Physical Education & Health 30/40F / Éducation physique 30/40F credits through choosing one of the following courses in each of their Grade 11 and 12 years.

**Physical Education 30F/40F (PE30F & PE40F)** -- Can be chosen as a compulsory course

This course is conducted at the school, mainly in the gymnasium. Students will participate in activities such as weight training, basketball, volleyball, ultimate, soccer, running, touch football, fitness testing, yoga, personal fitness, and slo-pitch. Requirements include 30 hours of moderate to vigorous activity in a personal physical activity plan.

**Éducation physique dirigé par l'école 30F/40F (XEPSCH30F & XEPSCH40F)** -- Peut être choisi comme cours obligatoire

Ce cours est dispensé à l'école, principalement dans le gymnase. Les élèves participeront à des activités telles que l'entraînement aux poids, le basket-ball, le volley-ball, ultimate, le football, la course, le touch-football, les tests d'aptitude physique, le yoga, le conditionnement physique, et la balle lente. Pour répondre aux exigences du cours, l'élève doit compléter 30 heures d'activité modérée à vigoureuse dans le cadre d'un plan d'activité physique personnel.





**Sports Focus (PEFF30/40F)** -- Can be chosen as Compulsory Gr. 11 and 12 courses. Students will have the chance to complete their Gr. 11 and Gr. 12 Physical Education credit through two different focus streams-- Football, Basketball, or Volleyball. Students will study different theory and technical components of their sport. Students will also be provided with opportunities in coaching theory and practice to further develop their overall understanding of sport and athletics. There will be a course fee attached to these courses.



# Science/ Sciences de la nature

**Science 10F (SCI10F)** -- Compulsory Gr. 9 course  
Students will use scientific processes such as observing, measuring, inferring, classifying, predicting, organizing data, and problem-solving. Topics include Reproduction and Heredity, Atoms and Elements, Exploration of the Universe, and the Nature of Electricity.

**Sciences de la nature 10F (XSCI10F)** -- Cours obligatoire de la 9<sup>e</sup> année  
Les étudiant-e-s se serviront des procédés scientifiques tels que l'observation, la mesure, l'inférence, la classification, la prédition, l'organisation des données et la résolution de problèmes. Les sujets comprennent la reproduction et l'hérédité, les atomes et les éléments, l'exploration de l'univers et la nature de l'électricité.

**Science 20F (SCI20F)** -- Compulsory Gr. 10 course  
The course is divided into four clusters: Ecosystems (biogeochemical cycles, population dynamics, biodiversity and sustainability); Chemistry in Action (elements, periodic table, chemical formulas); In Motion (displacement, time, vectors, velocity, acceleration, Newton's laws of motion); and Weather Dynamics (understanding of the relationships that control weather and climate).

**Sciences de la nature 20F (XSCI20F)** -- Cours obligatoire de la 10<sup>e</sup> année  
Ce cours traitera des quatre thèmes suivants: la dynamique d'un écosystème (les cycles biogéochimiques, la dynamique des populations, la biodiversité, la durabilité); les réactions chimiques (les éléments, le tableau périodique, les formules chimiques); le mouvement et l'automobile (le déplacement, le temps, les vecteurs, la vitesse, l'accélération, les lois de Newton); la dynamique des phénomènes météorologiques (les facteurs qui influent sur le temps et le climat).

**Biology 30S (BIO30S)** -- Optional Gr. 11 course  
The curriculum places emphasis on human wellness and homeostasis. The main anatomy and physiology units include digestion, respiration, circulation, immunity, excretion and the nervous system. Grade 10's may request biology but must have SCI20F completed first.



**Biologie 30S (XBIO30S)** -- Cours optionnel de la 11<sup>e</sup> année

Le programme d'étude met l'accent sur le bien-être humain et l'homéostasie. L'unité principale de l'anatomie et de la physiologie comprend les systèmes digestif, respiratoire, circulatoire, immunité, excréteur et nerveux.

**Biology 40S (BIO40S)** -- Optional Gr. 12 course  
The curriculum is designed to show the student the mechanics of DNA inheritance, protein synthesis and impacts of mutations, the Genetics of inheritance, monohybrid and dihybrid crosses, sex-linked traits, co and incomplete dominance, and multiple allele inheritance. The biodiversity section explores the evolutionary theory of Charles Darwin and natural selection, the concept of gene pools and survival of the fittest, organizing biodiversity, and categorizing the genetic diversity of life on earth into domains using the latest classification systems.



**Biologie 40S (XBIO40S) -- Cours optionnel de la 12<sup>e</sup> année**

Le programme d'études a été conçu pour montrer aux étudiant-e-s le fonctionnement de l'A.D.N. par rapport à l'hérédité, la synthèse des protéines et effets de mutations; la génétique de l'hérédité, les croisements haploïdes et diploïdes, les traits liés au sexe, la dominance incomplète et partagée, et l'hérédité par allèles multiples. La section sur la biodiversité explore la théorie évolutionnaire de Charles Darwin et la sélection naturelle, le concept du patrimoine héréditaire et de la survie des mieux adaptés, et l'organisation de la biodiversité génétique de la vie sur terre en domaines qui correspondent aux systèmes de classification les plus récents.

**Chemistry 30S (CH30S) -- Optional Gr. 11 course**  
Chemistry is the study of all substances in our environment and the chemical changes that can affect them. Topics covered include Physical Properties of Matter, Gases and the Atmosphere, Chemical Reactions, Solutions, and Organic Chemistry. **It is recommended that students have completed MIAP20S before taking this course.**

**Chimie 30S (XCH30S) -- Cours optionnel de la 11<sup>e</sup> année**

La chimie est l'étude de toutes les substances qui font partie de notre environnement aussi bien que l'étude des changements que ces substances peuvent subir. L'étude de cinq principes de base portera sur : les propriétés physique de la matière, les gaz et l'atmosphère, les réactions chimiques, et les solutions et l'introduction à la chimie organique. **Il est recommandé qu'un élève a complété le cours de XMIAP20S avant de suivre ce cours.**

**Chemistry 40S (CH40S) -- Optional Gr. 12 course**  
This course provides students with a background of theory and laboratory experiences of some important concepts in Chemistry. The topics covered include Reactions in Aqueous Solutions, Atomic

Structure, Kinetics, Chemical Equilibrium, Acids and Bases, and Electrochemistry. **It is recommended that students have completed either MAP30S or MPC30S before taking this course.**

**Chimie 40S (XCH40S) -- Cours optionnel de la 12<sup>e</sup> année**

Ce cours donne aux étudiant-e-s et aux étudiantes une formation théorique ainsi qu'une expérience pratique de laboratoire. Le contenu du cours comprend : les réactions en solutions aqueuses, la structure atomique, la cinétique, l'équilibre chimique, les acides et les basiques, et l'électrochimie. **Il est recommandé qu'un élève a complété soit le cours de XMAP30S ou XMPC30S avant de suivre ce cours.**

**Physics 30S (PHY30S) -- Optional Gr. 11 course**  
This course helps students develop an understanding of the basic principles and concepts of physics. This course includes the topics of Waves, The Nature of Light, Kinematics, Dynamics, Fields (Gravitational, Electric and Magnetic), and Electromagnetism. **It is recommended that students have completed MIAP20S before taking this course.**

**Physique 30S (XPHY30S) -- Cours optionnel de la 11<sup>e</sup> année**

Ce cours traitera des thèmes suivants : l'étude du mouvement et des forces, les lois de Newton, le champ électrique et le champ magnétique, la nature de la science, les ondes et le son. **Il est recommandé qu'un élève a complété le cours de XMIAP20S avant de suivre ce cours.**

**Physics 40S (PHY40S) -- Optional Gr. 12 course**  
This course includes an introduction to the mathematics of physics, including mechanics (kinematics, momentum, dynamics, projectiles, circular motion, work and energy), fields (gravitational, electric, moving charges in electric and magnetic fields), electric circuits, electromagnetic induction, and medical physics. **It is recommended that students have completed either MAP30S or MPC30S before taking this course.**

**Physique 40S (XPHY40S) -- Cours optionnel de la 12<sup>e</sup> année**

Ce cours comprend une introduction aux mathématiques de la physique, y compris la mécanique (la cinétique, la fuséologie, la quantité de mouvement, la dynamique, les projectiles, la motion circulaire, et l'énergie), les champs (de gravité, électrique, charges en mouvement dans des champs électriques et magnétiques), les circuits électriques, l'induction électromagnétique, ainsi qu'une introduction à la physique médicale. **Il est recommandé qu'un élève a complété soit le cours de XMAP30S ou XMPC30S avant de suivre ce cours.**

# Social Studies/ Sciences humaines

Social studies is the study of people in relation to each other and to the world in which they live. It comprises the disciplines of history and geography, draws upon the social sciences, and integrates relevant content from the humanities. As a study of people in their physical, social, and cultural environments, social studies examines the past and present, and looks to the future. Social studies helps students acquire the skills, knowledge, and values necessary to become active democratic citizens and contributing members of their communities.

## **Canada and the Contemporary World (SSCCW10F)**

-- Compulsory Gr. 9 Course

This course provides an understanding of Canadian society, its government, and the role and responsibilities of Canadian citizens. Students reflect on the question, "What is a Canadian?" and examine the multicultural nature of Canadian society.

## **Sciences humaines 10F (XSSCCW10F) -- Cours obligatoire de la 9<sup>e</sup> année**

Ce cours fournit une compréhension de la société canadienne, de son gouvernement, et du rôle et des responsabilités des citoyens canadiens. Les étudiant-e-s réfléchissent à la question : « Qu'est-ce qu'un Canadien? » et examinent la nature multiculturelle de la société canadienne.

## **International Conflict and Cooperation (SSICC11G) -- Optional Gr. 9 course**

Students will engage in a study of several of the

major conflicts during the 20th century, with a special focus on World War I, World War II, and the global refugee crisis. Recommended for students of all grades.

## **Learning From the Land 11G (LFL11G) -- Optional Gr. 9 course**

The aim of Learning from the Land 11G is for students to learn about land-based knowledge, skills, and attitudes from an Indigenous worldview. This course has a specific focus on plants and trees. Students learn in relation to the seasons. This course is an opportunity for students to revitalize their connection with the land.

## **Geographic Issues of the 21st Century (20F) (GEOIC20F) -- Compulsory Gr. 10 course**

Geographic Issues of the 21st Century is the study of the physical and human geography of Canada. This course will provide students an overview of Canada, its energy resources, its demographic wealth, its problems, and efforts to correct its environmental issues.

## **Les Enjeux géographiques du XXIe Siècle 20F (XGEOIC20F) -- Cours obligatoire de la 10<sup>e</sup> année**

Le cours de Géographie 20F est l'étude de la géographie physique et humaine du Canada. Ce cours offrira un survol du Canada aux étudiant-e-s, de ses ressources énergétiques, de sa richesse démographique, de ses problèmes, et des efforts mis en place pour corriger ses problèmes environnementaux.



**ELA 20F (ELA20FI)/Geography 20F (GEOIC20FI)**

**-- Integrated** -- Compulsory Gr. 10 courses (available to students in the English program only)  
Integrated English Language Arts and Geography courses provide an exciting and unique opportunity for cross-curricular education. These courses provide students with a wide range of experiences as they work intensively through thematic based units of study relevant to both the ELA and the Geography curricula. Students will earn one credit for ELA20F and one credit for GEOIC20F. These courses are taught over two consecutive periods.

**American History 20G (HIS20G)** -- Optional Gr. 10 course

The main objective of this course is to help student develop a better understanding of important historical events that have shaped the United States with a focus on historical developments that have influenced the world, including Canada. Topics include: The American War of Independence, Slavery and Civil Rights, The Civil War, the World Wars, and the Cold War. Recommended for students of all grades.

**Gifts from the Land 21G (GFL21G)**-- Optional Gr. 10 course

The aim of Gifts from the Land is for students to learn about the Indigenous knowledge, skills, and attitudes needed to live on the land. This course has a specific focus on the gifts animals provide. Students learn in relation to the seasons. In the fall students learn and prepare for skills necessary out on the land. In the winter students focus on tracking and trapping animals. The spring focus is on gifts from the animals, hide tanning and processing furs. Finally, the summer focuses on learning from the animals, how they have families and raise their offspring.

**History of Canada 30F (HIS30F)** -- Compulsory Gr. 11 course

This course will trace the development of our country through the following four divisions: First Nations, New France, British North America, and Confederation to the present.

**Histoire du Canada 30F (XHIS30F)** -- Cours obligatoire de la 10<sup>e</sup> année

Ce cours tracera l'évolution de notre pays en tenant compte des quatre divisions suivantes: les Premières Nations, la Nouvelle-France, le régime anglais, et la Confédération jusqu'au présent.

**ELA: Comprehensive Focus 30S (ELACF30SI)/History of Canada 30S (HIS30FI)** -- Integrated Courses -- Compulsory Gr. 11 courses (available to students in the English Program)

Integrated ELA and History courses provide an

exciting and unique opportunity for cross-curricular education at the secondary level. The integrated courses are designed to provide students with a wide range of experiences as they work intensively through thematic based units of study relevant to both the ELA and the History curricula. Students will earn one credit for ELACF30S and one credit for HIS30F. These courses are taught daily over two consecutive periods. Field trips are a required component of this course.

**Sport and Performance Psychology 31G (SPORTPSY31G)** -- Optional Gr. 11 course

Unlock the Mind. Elevate Your Game. What separates great performers from true legends? Why do some athletes, musicians, and artists rise under pressure while others crumble? In this dynamic course, you'll discover the hidden mental skills that fuel elite performance in sport, music, theater, and beyond. Explore how your thoughts, emotions, and mindset shape your ability to perform at your peak. Learn how to stay calm when the pressure is on, sharpen your focus, bounce back from setbacks, and build the confidence to push past your limits. You'll dive into powerful strategies like visualization, self-talk, mindfulness, and relaxation techniques that top performers use to stay mentally strong when it matters most. Whether you're an athlete, a performer, or simply someone eager to push your limits, you'll leave with strategies to enhance your performance mindset.

**Global Issues: Citizenship and Sustainability 40S (GI40S)** -- Optional Gr. 12 course

This course is designed to expose students to many of the different issues that impact our lives, both locally and beyond. From studying the plight of genocides from the 20th century to today; exploring quality of life; learning to be critically media literate; and facing the issues of conflict and racism head on, are only some of the topics that will be explored as students are empowered to be agents of change and sustainability. The course contains mature and graphic subject matter. Recommended for grade 12 students.

**Enjeux mondiaux (Global Issues) (XEMCD40S)** -- Cours optionnel de la 12<sup>e</sup> année

Ce cours est basé sur les principes de la citoyenneté active démocratique, la littératie écologique, l'étude critique des médias et la prise de décision éthique; il consolide l'apprentissage dans toutes les disciplines pour responsabiliser les étudiant-e-s et leur permettre de devenir des agents de changement pour un avenir durable et équitable. Une composante obligatoire du cours exige que les étudiant-e-s planifient et mettent en œuvre un projet

de recherche-action communautaire.

**Psychology 40S (PSY40S)** -- Optional Gr. 12 course  
Have you ever wondered why you behave the way you do? Or wonder why you dream? Do you believe you can catch someone in a lie? This course will provide students with an introduction to Psychology, where we will explore the wonders of human nature and social interaction. Theories explaining human behavior and personality will be analyzed and students will be encouraged to use their knowledge in creative, interactive, and challenging ways. Special consideration will be given to mental health, research methods, how the brain works, societies' influence on behaviour and technology's impact on humanity.

**Law 40S (LAW40S)** -- Optional Gr. 12 course

Students will learn about their rights and freedoms as set out in the Charter of Rights and Freedoms, study our Criminal Code and the offences that impact our society, explore the judicial process from the time of arrest to an offender's release from prison, and play judge as we examine the world of negligence and tort law. A Court of Queen's Bench Judge will adopt our class and work with us as we visit and observe a criminal trial at the Law Courts. Contains mature subject matter. Recommended for students in grade 12.

**Current Topics in First Nations, Métis and Inuit Studies (FNMI40S)** -- Optional Gr. 12 course

Reconciliation is a process. This course empowers students through the exploration of history, culture, worldviews and current issues. From first contact, identity, justice and celebration, students will have

authentic learning experiences as they learn what it will take to make right what colonialism has done wrong to our Indigenous people. Reconciliation is for all of us to understand and pursue - this course may be your first steps. Planning ahead: Recommended for students in grades 11 and 12.

**Cinema as a Witness to Modern History 40S**

**(CWMH40S)** -- Optional Gr. 12 course

By watching, thinking about, and discussing great movies about historic events and people, students will gain a better understanding of the past. Some of the best historical movies ever made will be watched and analyzed, including Schindler's List and The Last of the Mohicans. These films will teach students about topics such as the colonial period and World War II, while other films such as Bridge of Spies and Rescue Dawn will reveal more recent history. Throughout the course, students will apply media literacy skills in order to understand that film does not simply reflect the past but helps to interpret the present-day. Recommended for students in grades 11 and 12.

**World Religions: A Canadian Perspective 40S**

**(WR40S)** -- Optional Gr. 12 course

This course invites you to explore a wide range of religious and spiritual beliefs and practices from around the world to see how they shape cultures, communities, and everyday life. You'll learn to think critically, challenge stereotypes, and better understand perspectives different from your own. If you're curious about the world, enjoy meaningful discussions, and want to build respect and understanding in a diverse society, this course is for you.



# Technology Education



## Applied Commerce Education

### **Business Innovations 10S (BUSINN10S) -- Optional Gr. 9 course**

This course offers students the opportunity to explore commerce- related topics, such as economics, entrepreneurship, business, marketing, technology, and finance. Throughout the course, students will apply the concepts and strategies they learn to a variety of creative business projects or simulations.

### **Personal Finance 20S (PERFIN20S) -- Optional Gr. 10 course**

Personal Finance focuses on developing fundamental financial literacy skills, including the value of money, basic economics, budgeting, saving, financial institution services, investing, income tax, etc. This course is especially relevant since financial literacy is a life skill. Students will learn how to plan

and manage a range of personal finance matters and explore their financial identity.

### **Venture Development - Entrepreneurship 30S (VENDEV30S) -- Optional Gr. 11 course**

Explore entrepreneurship! Students focus on planning, creating, implementing, evaluating, and growing their own business venture. Venture Development is designed for students interested in starting their own business and in learning about business ownership and management principles.

### **Accounting Essentials 30S (ACC30S) -- Optional Gr. 11 course**

Accounting Essentials helps students gain an understanding of the basics and fundamentals of accounting. With an emphasis on accounting for a service business, students will apply their knowledge and skills to complete the stages of the accounting cycle. Students interested in pursuing post-secondary studies in any business discipline

will benefit considerably by completing this course. Understanding accounting is also a good life skill.

Business Management 40S (BUSMGMT40S) --

### Optional Gr. 12 course

Business Management focuses on developing skills in planning, leading, organizing, controlling, and staffing. Students will study various management styles and participate in activities related to human resources, inventory, finance, and project management. This course is designed for students interested in furthering their knowledge of management strategies used in various settings and furthering their knowledge of business ownership.

# Career Development—Life/Work Exploration, Planning, Building, Transition

## **Life/Work Exploration 10S (LWE10S) and Life/Work Planning 20S (LWP20S) -- Optional Gr. 9 and Gr. 10 courses**

Students enrolled in Career Development courses can expect to gain the skills necessary to secure employment, to be successful in the job / career of choice, and to be productive citizens. Curriculum includes resume and cover letter construction, interview skill practice, communication and interpersonal skills development, personal management and transferable skills enhancement, the creation of employability portfolios, and a comprehensive study of workplace expectations. Courses are designed to raise the level of confidence and self-esteem necessary to pursue successful endeavors in post-secondary life.

# Computer Science

Fundamentals of Computer Science 10S (FCS10S)

-- Optional Gr. 9 co

The Fundamentals of Computer Science course offers an introductory exploration of essential concepts in the field of computer science. Designed for students with no prior knowledge of the subject, this course provides a broad overview of foundational topics, including cybersecurity, where students learn the principles of protecting information systems and data from cyber threats; artificial intelligence (AI), which introduces concepts and applications like machine learning and problem-solving algorithms; and bitcoin and blockchain, offering insights into digital currencies, the underlying blockchain technology, and its impact on the modern economy. Additional topics include programming, with a hands-on approach to fundamental coding skills and key concepts;

and the history of computer science, exploring its evolution from its origins to modern advancements. Fundamentals of Computer Science serves as a prerequisite for Computer Science 20S and equips students with the essential skills and knowledge needed to pursue further coursework and careers in the field of computer science.

Computer Science 20S (CS20S) -- Optional Gr. 10

## course

This math-based course introduces students to computer programming by using the popular Visual BASIC language. Students will be expected to provide a programming solution to a wide variety of problems after having been exposed to the appropriate theory. Students will focus on problem solving, using logical thought along with algebraic mathematics.

## Computer Science 30S (CS30S) -- Optional Gr. 11 course

An academically rigorous course focusing on higher level mathematics, logic and problem solving. The successful completion of Computer Science 30S is highly advisable for students who wish to take Computer Science 40S. Computer Science 30S is a course in object-oriented programming. The student is expected to develop problem-solving techniques using algorithms and pseudocode and then prepare and execute object oriented programs written in Java, a popular high-level language.

## Computer Science 40S (CS40S) -- Optional Gr. 12 course

Computer Science 40S is a complete extension of Computer Science 30S. Students will develop advanced techniques for problem solving using the skills they mastered in CS30S. Students will learn new and more complex code in the computer programming language Java. General topics include Exceptions and Arrays.



## Human Ecology

### **Human Ecology 10S (HE10S) -- Optional Gr. 9 course**

This course will encompass areas of study within family studies, food and nutrition, and textile arts and design. Family studies explores adolescent development from the perspective of the adolescent student. Food and nutrition focuses on the individual and the relationships and influences that affect food choices. Students will examine the fundamentals of nutrition and develop safe food handling and food preparation skills. The textile arts and design component will explore a basic understanding of textiles available to the individual consumer and how those textiles can be constructed, designed, used, and obtained. Students will examine personal use of textiles, sustainability of local communities, and an introduction to environmental design.

of these skills and knowledge will enhance their overall well-being, now as adolescents and in the future as parents and caregivers. Concepts will be combined with practical application (Baby Think It Over program) to ensure the knowledge can be used.

### **Family Studies 30S (FS30S) -- Optional Gr. 11 course**

This course focuses on children's and adolescents' relationships within their families. Students will learn about developmental needs, effective care, and positive interactions with children/adolescents. The skills and knowledge that students gain will provide them the opportunity to make informed decisions related to parenting, relationships, and families. A community practicum where students observe and interact with young children is included.

### **Food and Nutrition 20S (FN20S) -- Optional Gr. 10 course**

Grade 10 Food and Nutrition focuses on the individual within the family unit and the influence that marketing and media have on family food choices. Students will gain a strong understanding of the categories of nutrients, why our bodies need them, and what foods are consumed for health and well-being. The course provides opportunities for students to further develop food preparation skills in a practical setting.

### **Food and Nutrition 30S (FN30S) -- Optional Gr. 11 course**

This course focuses on the individual within the community and Canada, including the influence regions have on our food choices and personal practices. Students will be exposed to food and production in Manitoba and examine food availability within Manitoba. Students will analyze the nutritional composition of food and reflect on their own nutritional choices. This course provides opportunities for students to apply food preparation skills in a practical setting.

### **Food and Nutrition 40S (FN40S) -- Optional Gr. 12 course**

This program is a critical examination of the individual as a responsible citizen. This course will explore sustainability and ethical practices within food production and access. Students will examine food security and barriers that exist to achieve food security for all people. Students will investigate solutions to local and global food accessibility. This course will provide the opportunity for students to apply food preparation skills in a practical setting.



### **Family Studies 20S (FS20S) -- Optional Gr. 10 course**

This course focuses on the skills and knowledge parents and caregivers need, with emphasis on maternal health, pregnancy, birth, and the early years of human development. Students will learn about the developmental needs, effective care, and guidance of young children. The development

## Electronics

### Electricity/Electronics Technology 20G (EET20G)

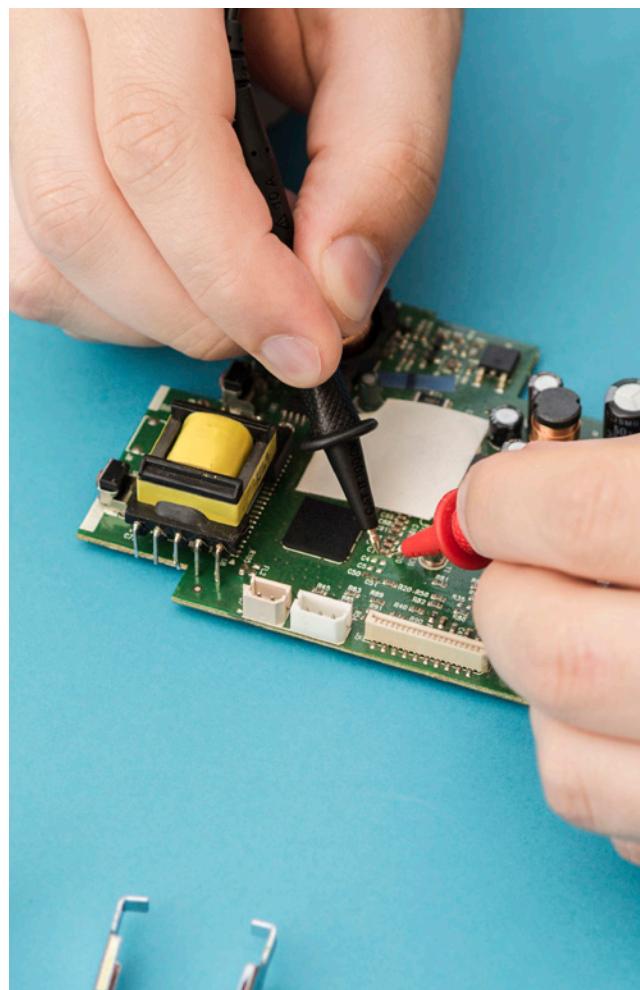
-- Optional Gr. 10 course

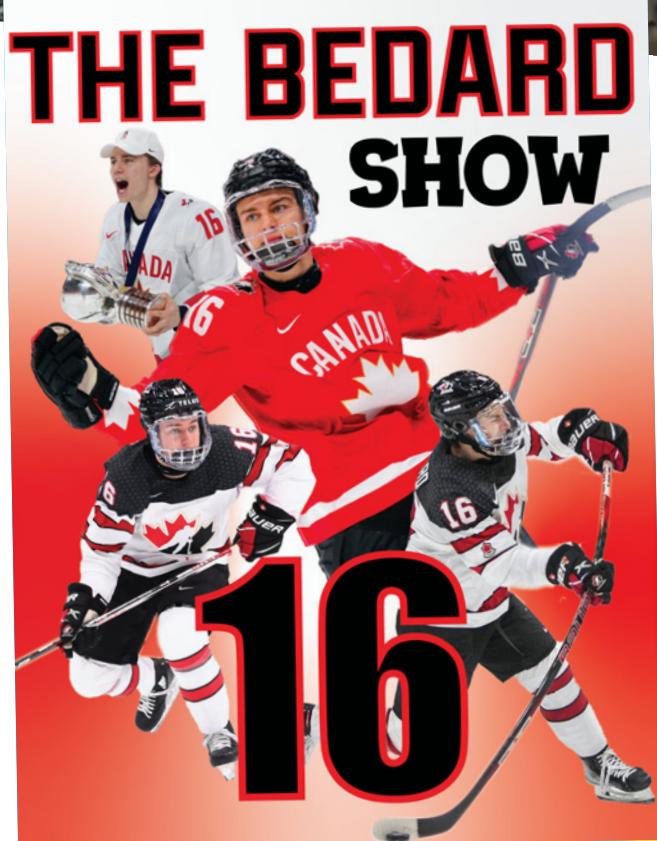
This course will give students the foundation for a basic understanding of electricity and electronics. This foundation will allow them to pursue further studies in the field, or support future employment in sales, service, design, or engineering. Theory content makes up 50% of the course and includes the nature of electricity; language of electronics; schematics; resistance, voltage, and current; Ohm's and Watt's Laws; series, parallel, and complex circuits; magnetism; generators; robotics; and safety. Practical content includes computer simulation of analog circuits using "Electronics Workbench," major electronics kit, house wiring, soldering, splices, and bread boarding.

### Electricity/Electronics Technology 30S (EET30S) --

Optional Gr. 11 course

This course will advance a student's understanding of electronics to support career choices in this field. This follow-up to the 20G course explores the fundamentals of capacitance, inductance, and reactance in AC circuits. Tuned circuits, filtering, power supplies, digital logic, and radio theory are studied. Practical application will involve solid state circuit simulation on computer and construction, testing, and alignment of an AM radio.





## Graphics

**Print Media - Yearbook 20S, 30S, 40S (PRINTM 20S, PRINTM30S PRINTM40S)** -- Optional Gr. 10, 11 and 12 courses

This course focuses on photojournalism, design, and layout to create the OP Yearbook. Students work together as a team, with an opportunity to focus on one particular area, such as photography, photo editing, or graphic design. In their role as photojournalists, students may cover sporting events, concerts and other performances. The course runs the entire year, every other day. Note: The Print Media 20S class may be taken by Gr. 9 students. For students wishing to be involved in writing for the OP Yearbook, this class may be taken along with ELA - Journalism 40S (ELATR40S).

### Graphics Communication Technology 20G (GCT20G)

-- Optional Gr. 9/10 course

This introductory course explores methods to create visual designs, including: screen printing onto t-shirts, sublimation printing onto ceramic mugs, calendar creation using coil binding, vinyl cutting using a computer-controlled cutter, 3D printing, and photo editing using Adobe Photoshop, among other projects. Note: This class may be taken by Gr. 9 students.

### Graphics Communication Technology 30S (GCT30S)

-- Optional Gr. 11 course

GCT30S Graphics students create various projects, including: large-format posters, heat transfer t-shirts, 3D designs using the Ultimaker 3D printer, two-colour screen prints, and full colour sticker creation. Through the creation of increasingly complex and personal designs, students will explore graphic art principles and techniques, and build their skills.

### Applied Technology (Graphics) 40S (AT40S)

-- Optional Gr. 12 course

This course expands skills and knowledge developed in GCT 20G & GCT30S. Topics include packaging design, advanced screen printing, event poster design, advanced layout using Adobe software, and a further exploration of 3D design using the Ultimaker 3D printer. As a culminating activity, students will make a special portfolio piece showing their acquired skills and knowledge in the area of graphics and design. This course includes a field trip to a professional graphics facility.

## Woodworking

### Woodwork Technology 10G, 20G, 30S, 40S

(WOOD10G, 20G, 30S, 40S) -- Optional Gr. 9, 10, 11, 12 courses

These woodworking courses will emphasize woodworking safety, technical reading, basic carpentry, wood joinery, and finishing techniques. Students will receive information on informative topics related to woodworking. By participating in the class, students will develop a basic understanding of woodworking techniques that will help them with future woodworking projects. Students will also be introduced to CNC router technology in Woodworking 10G and will be able to design and manufacture custom projects using the 4'x 8' CNC Router. These classes are held at Westdale School.



# Student Support Services

## Resource Teachers

Resource teachers at Oak Park support all students, including those with special learning needs.

Students with special learning needs are those who may require student specific support because they experience challenges in one or more of these areas that affect their ability to learn: academic, behavioural, cognitive/intellectual, communication, health-care, physical, sensory, social/emotional.

Resource teachers' programming decisions are made on an individual basis through formal assessments and consultation with parents/guardians and specialized personnel. The Resource Teacher's role is to best accommodate the individual needs of the student in an inclusive environment. Students' programs will be determined through the collaborative development of a plan that supports student learning. Students are encouraged to visit the Student Centres, both located on the main floor of the school, for extra help and support during lunch and during spare periods.

## School Counsellors

At Oak Park, all students are assigned a counsellor. The guidance and counselling of students is an integral component of the educational mission of the school. Guidance and counselling services and programs promote the personal/social, educational, and career development of all students. The educational, academic, career, personal, and social needs of all students within the school setting, from Kindergarten to Grade 12, are the focus in planning and delivering a developmental, comprehensive guidance and counselling program.

## Clinical Support Services

As part of the Pembina Trails Student Support Services department, Clinical Support Services support the educational development of students. Clinical services are provided by Occupational Therapists, Physiotherapists, Psychologists, School Social Workers, and Speech and Language Pathologists. Clinicians work with school teams and parents/guardians to assist students who may be having difficulty with learning, communication, behaviour, social/emotional, and/or physical development. The school team, in consultation with the student's parents/guardians, may decide to ask one or more of these disciplines for assistance and a referral to Clinical Support Services is then made.

## Library Learning Commons

The École secondaire Oak Park High School Library

Learning Commons is a physical and virtual space. Both spaces provide print, online, and human resources to help students succeed and realize their full learning potential. The physical space has a large collection of print books, graphic novels, and magazines as well as many board games and crafts. The virtual collection includes numerous databases, online encyclopedias, and thousands of eBooks, all of which can be accessed from school or home. To navigate the spaces, our teacher librarian and library technicians are ready and available to assist students and staff with their learning needs.

The learning commons is a place where students can study, research, discuss, gather, use the computers, print, and read. It can be accessed before and after school, at lunch and during spares. The mission of the OP LLC is to create a culture of learners and readers who actively engage in authentic learning experiences.



# Additional Opportunities

Please see your School Counsellor for further information.

## **Program for Elite Performing Artists and Athletes (PEP!AA)**

This program is designed to facilitate flexible high school programming to allow elite performing artists and athletes to pursue opportunities outside of school. Students are provided a customized graduation program plan, ongoing monitoring of academic success, and assigned staff members. Please contact a school administrator for more information.

## **International Student Program**

Pembina Trails School Division is committed to the International Student Program. Oak Park has been an eager participant, hosting many international students from countries such as Mexico, Brazil, Japan, Italy, Korea, China, Belgium, and Germany. This excellent program provides Oak Park students with an exciting opportunity to make new friends as well as gain a greater global perspective.

## ***Additional Ways to Gain High School Credits***

### **Manitoba Institute of Trades and Technology (MITT)**

Students have the opportunity to take some vocational training at MITT, while completing their core studies at Oak Park, spending half a day at each location. Programming begins in grade 11. Grade 9 and 10 courses must be completed before applying for this program. There are five programs that are open to high school students (Auto Mechanics, Hairstyling, Industrial Welding, Culinary Arts or Electrical Applications). If you are interested in pursuing programming offered at the high school level at MITT, please see your School Counsellor.



**MANITOBA INSTITUTE OF TRADES & TECHNOLOGY**

## **InformNet**

InformNet is an internet-based alternative instructional environment where students participate in online learning experiences to achieve credits in high school courses approved by Manitoba Education. InformNet courses provide students with daily instruction, assignments, and evaluation through regular email and web-based interaction from a certified high school teacher. The student's home school provides the course credit when subject requirements are met.

**Credit for Employment (CFE)** -- Students can earn high school credit for paid work experience, up to a maximum of 2 CFE credits towards graduation. One of Career Development Life / Work Exploration 10S or Life / Work Planning 20S is a prerequisite. See page 43 for course description.

## **High School Apprenticeship Program (HSAP)**

-- HSAP allows students to begin apprenticeship training while in high school. Students may earn up to 8 credits toward graduation and collect apprenticeship hours.

**Private Music Option** -- Students can earn up to 4 credits beyond the minimum 30 credits required for graduation if they meet the requirements of Conservatory Canada or the Royal Conservatory of Music programs.

**Special Language Credit Option** -- Senior Years students who can demonstrate their proficiency in a language other than English or French may earn up to 4 special language credits.

**Royal Winnipeg Ballet (RWB)** -- Students can earn credits when they are registered in the senior levels of the RWB professional program.

# Extracurricular Activities

Oak Park offers a wealth of extracurricular programs outside of regular course times. In addition to our enriching extra-curricular activities in athletics and fine arts, we have many, many other opportunities for students to become more involved. There truly is something for everyone at Oak Park. Our student council is made up of over a dozen committees, such as philanthropy, yearbook, grad, medicine wheel and special events, to name a few. The many activities, groups, and committees help to develop students' talents and gain experience. Extracurricular activities are an important part of school

life and, in addition to providing an opportunity to develop leadership skills, they provide students with the chance to gain confidence, acquire knowledge, and meet new classmates and staff members. We encourage all students to get involved and try new things. If a student ever has a question about a club or activity, they are encouraged to ask their teachers for more information. Student groups also advertise meetings through posters around the school, as well as announcements.

## Oak Park Offers...

- Art Exhibition**
- Athletics Committee**
- Badminton**
- Baseball**
- Big Sibs**
- Blood Services Ambassadors**
- Board Games Club**
- Boys Hockey**
- Boys Indoor Soccer**
- Boys Outdoor Soccer**
- Celebration of Excellence Assemblies**
- Cheerleading**
- Chess Club**
- Climate Action Committee**
- Cross Country**
- Curling**
- D&D Club**
- E Sports**
- Fine Arts Committee**
- French Immersion Ambassadors**
- Girls Hockey**
- Girls Indoor Soccer**
- Girls Outdoor Soccer**
- Graduation Committee**
- Grad Retreat**
- GSA - Gender & Sexuality**
- Indoor Track**
- International Student Program**
- JV Boys Basketball**
- JV Boys Volleyball**
- JV Football**
- JV Girls Basketball**
- JV Girls Volleyball**
- Lacrosse**
- Math Club**
- Medicine Wheel Committee**
- OP Gear**
- OP Media**
- OP Spirit**
- Outdoor Track and Field**
- Peer Tutors**
- Philanthropy Committee**
- Plant Club**
- Rugby**
- Sources of Strength**
- Student Council Executive**
- Technical and Production Crew**
- Track**
- Ultimate Frisbee**
- Varsity Boys Basketball**
- Varsity Boys Volleyball**
- Varsity Football**
- Varsity Girls Basketball**
- Varsity Girls Volleyball**
- Water Polo**
- Wrestling**
- Yearbook Club**

**...and much more!**



OP  
SPIRIT

# Course Selection Guide - Grade 9

GRADE 9	English Program	French Immersion Program
Required Course Credits	6 credits	7 credits
Required Courses	<ul style="list-style-type: none"> <li>English Language Arts 10F</li> <li>Math 10F</li> <li>Transitional Math 10F</li> <li>Science 10F</li> <li>Social Studies 10F</li> <li>Physical Education 10F</li> </ul>	<ul style="list-style-type: none"> <li>English Language Arts 10F</li> <li>Français 10F</li> <li>Mathématiques 10F</li> <li>Mathématiques de Transition 10F</li> <li>Sciences humaines 10F</li> <li>Sciences de la nature 10F</li> <li>Éducation physique 10F</li> </ul>
Optional Credits	Choose 3 credits	Choose 2 credits
Optional Grade 9 Courses	<ul style="list-style-type: none"> <li>Art 10S (ART10S)</li> <li>Band 10S &amp; 15S (BAND10S &amp; 15S)</li> <li>Business Innovations (BUSINN10S)</li> <li>Dance Jazz 10S (DJAZZ10S)</li> <li>Dance Jazz Rep. 10S – Auditioned (DJAZZREP10S)</li> <li>Dance Modern / Contemp. 10S (DANCE10S)</li> <li>Dance Tech. &amp; Perf. 10S -Auditioned (DTP10S)</li> <li>Drama 10S (DRAMA10S)</li> <li>Family Studies 20S (FS20S)</li> <li>Film Company 10S (IFP10S)</li> <li>French - Foundational (FCC10F)</li> <li>Fundamentals of Computer Science 10S (FCS10S)</li> <li>Graphics Comm. 20G (GCT20G)</li> <li>Human Ecology (HE10S)</li> <li>International Conflict &amp; Cooperation (SSICC11G)</li> <li>Learning From the Land 11G (LFL11G)</li> <li>Life/Work Exploration 10S (LWE10S)</li> <li>Print Media - Yearbook 10S (PRINTM10S)</li> <li>Video Production 20S (VP20S)</li> <li>Spanish 10F (SPA(4Y)10F)</li> <li>Woodwork Technology 10G (WOOD10G)</li> </ul>	<ul style="list-style-type: none"> <li>Choose from English Program Options AND/OR</li> <li>Espagnol 10S (XESP(4Y)10F)</li> <li>Français oral 11G (XFI11G)</li> </ul>
Optional Courses offered outside the timetable		
Optional Grade 9 Courses	<ul style="list-style-type: none"> <li>Jazz Band (JB15S)</li> <li>Wind Ensemble – Auditioned (WIND10S)</li> <li>Theatre Production (THP10S)</li> <li>Choral 10S (CHOR10S)</li> </ul>	

# Course Selection Guide - Grade 10

GRADE 10	English Program	French Immersion Program
Required Course Credits	5 credits	6 credits
Required Courses	<ul style="list-style-type: none"> <li>English Language Arts 20F*</li> <li>Math - Choose one: <ul style="list-style-type: none"> <li>Essential Math 20S (MES20S) or</li> <li>Intro. to Applied and PreCal Math 20S (MIAP20S)</li> </ul> </li> <li>Science 20F</li> <li>Geography 20F*</li> <li>Physical Education 20F</li> </ul> <p>* or ELA 20FI &amp; Geography 20FI Integrated</p>	<ul style="list-style-type: none"> <li>English Language Arts 20F</li> <li>Français 20F</li> <li>Mathé - Choose one: <ul style="list-style-type: none"> <li>Mathé au quotidien 20S (XMQU20S)</li> <li>Intro. au mathé appliquées et précalcul 20S (XMIAP20S)</li> </ul> </li> <li>Sciences de la nature 20F</li> <li>Géographie 20F</li> <li>Éducation physique 20F</li> </ul>
Optional Credits	Choose 3 credits	Choose 2 credits
Optional Grade 10 Courses	<ul style="list-style-type: none"> <li>American History 20G (HIS20G)</li> <li>Art 20S (ART20S)</li> <li>Band 20S &amp; 25S (BA20S &amp; 25S)</li> <li>Biology 30S (BIO30S)</li> <li>Computer Science 20S (CS20S)</li> <li>Dance Jazz 20S (DJAZZ20S)</li> <li>Dance Jazz Rep. 20S – Auditioned (DJAZZREP20S)</li> <li>Dance Modern / Contemp. 20S (DANCE20S)</li> <li>Dance Tech. &amp; Perf. 20S – Auditioned (DTP20S)</li> <li>Drama 20S (DRAMA20S)</li> <li>Electricity/Electronics 20G (EET20G)</li> <li>Family Studies 20S (FS20S)</li> <li>Film Company 20S (IFP20S)</li> <li>French - Intermediate (FCC20F)</li> <li>Gifts from the Land 21G (GFL21G)</li> <li>Graphics Comm. 20G (GCT20G)</li> <li>Food &amp; Nutrition 20S (FN20S)</li> <li>Life/Work Planning 20S (LWP20S)</li> <li>Personal Finance 20S (PERFIN20S)</li> <li>Print Media - Yearbook 20S (PRINTM20S)</li> <li>Public Speaking 30S (PUBSP30S)</li> <li>Spanish 20F (SPA(4Y)20F)</li> <li>Video Production 20S (VP20S)</li> <li>Woodwork Technology 20G (WOOD20G)</li> </ul>	<ul style="list-style-type: none"> <li>Choose from English Program Options</li> </ul> <p>AND/OR</p> <ul style="list-style-type: none"> <li>Biologie 30S (XBI030S)</li> <li>Espagnol 10F (XESP(4Y)10F)</li> <li>Espagnol 20F (XESP(4Y)20F)</li> <li>Français oral 21G (XFI21G)</li> </ul>
Optional Courses offered outside the timetable		
Optional Grade 10 Courses	<ul style="list-style-type: none"> <li>Small Ensemble (SENS25S)</li> <li>Jazz Band (JB20S)</li> <li>Wind Ensemble – Auditioned (WIND20S)</li> <li>Theatre Production (THP20S)</li> <li>Choral 20S (CHOR20S)</li> </ul>	

# Course Selection Guide - Grade 11

GRADE 11	English Program	French Immersion Program
Required Course Credits	4 credits	5 credits
Required Courses	<ul style="list-style-type: none"> <li>English Language Arts 30F * - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Comprehensive Focus (ELACF30S)</li> <li><input type="checkbox"/> Literary Focus (ELALF30S)</li> <li><input type="checkbox"/> Transactional Focus (ELATF30S)</li> </ul> </li> <li>Math - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Applied Math 30S (MAP30S)</li> <li><input type="checkbox"/> Essential Math 30S (MES30S)</li> <li><input type="checkbox"/> PreCalculus Math 30S (MPC30S)</li> </ul> </li> <li>History 30F*</li> <li>Physical Education 30F - Choose one of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Phys. Ed.: School Based 30F (PE30F)</li> <li><input type="checkbox"/> Phys. Ed.: Football (PEFB30F)</li> <li><input type="checkbox"/> Phys. Ed.: Basketball (PEBB30F)</li> </ul> </li> </ul> <p>*or ELA 30SI &amp; History 30FI Integrated</p>	<ul style="list-style-type: none"> <li>English Language Arts 30F - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Comprehensive Focus (ELACF30S)</li> <li><input type="checkbox"/> Literary Focus (ELALF30S)</li> <li><input type="checkbox"/> Transactional Focus (ELATF30S)</li> </ul> </li> <li>Français 30F</li> <li>Mathé - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Mathé appliquées 30S (XMAP30S)</li> <li><input type="checkbox"/> Mathé au quotidien 30S (XMQU30S)</li> <li><input type="checkbox"/> Mathé précalcul 30S (XMPC30S)</li> </ul> </li> <li>Histoire 30F</li> <li>Éducation physique 30F – Choose one of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Dirigé par l'école (XEPSCH30F)</li> </ul> </li> </ul>
Optional Credits	Choose up to 4 credits	Choose up to 3 credits
Optional Grade 11 Courses	<ul style="list-style-type: none"> <li>Accounting 30S (ACC30S)</li> <li>American History 20G (HIS20G)</li> <li>Art 30S (ART30S)</li> <li>Band 30S (BAND30S)</li> <li>Biology 30S (BIO30S)</li> <li>Chemistry 30S (CH30S)</li> <li>Cinema as a Witness to Modern History (CWMH40S)</li> <li>Computer Science 30S (CS30S)</li> <li>Dance Jazz 30S (DJAZZ30S)</li> <li>Dance Jazz Rep. 30S – Auditioned (DJAZZREP30S)</li> <li>Dance Modern / Contemp. 30S (DANCE30S)</li> <li>Dance Tech. &amp; Perf. 30S – Auditioned (DTP30S)</li> <li>Drama 30S (DRAMA30S)</li> <li>Electricity/Electronics 30G (EET30S)</li> <li>Family Studies 30S (FS30S)</li> <li>Film Company 30S (IFP30S)</li> <li>French – Intermediate/Advanced (FCC30S)</li> <li>Graphics Comm. 30S (GCT30S)</li> <li>Foods &amp; Nutrition 30S (FN30S)</li> <li>Life/Work Planning 20S (LWP20S)</li> <li>Personal Finance 20S (PERFIN20S)</li> <li>Physics 30S (PHY30S)</li> <li>Print Media - Yearbook 30S (PRINTM30S)</li> <li>Public Speaking 30S (PUBSP30S)</li> <li>Spanish 30F (SPA4Y30F)</li> <li>Sport and Performance Psychology 31G (SPORTPSY31G)</li> <li>Venture Development 30S (VENDEV30S)</li> <li>Video Production 30S (VP30S)</li> <li>Woodwork Technology 30S (WOOD30S)</li> </ul>	
Optional Courses offered outside the timetable		
Optional Grade 11 Courses	<ul style="list-style-type: none"> <li>Small Ensemble (SENS35S)</li> <li>Jazz Band – Auditioned (JB30S)</li> <li>Wind Ensemble – Auditioned (WIND30S)</li> <li>Theatre Production (THP30S)</li> <li>Choral 30S (CHOR30S)</li> </ul>	

# Course Selection Guide - Grade 12

GRADE 12	English Program	French Immersion Program
Required Course Credits	3 credits	4 credits
Required Courses	<ul style="list-style-type: none"> <li>English Language Arts 40F - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Comprehensive Focus (ELACF40S)</li> <li><input type="checkbox"/> Literary Focus (ELALF40S)</li> <li><input type="checkbox"/> Transactional Focus (ELATF40S)</li> </ul> </li> <li>Math - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Applied Math 40S (MAP40S)</li> <li><input type="checkbox"/> Essential Math 40S (MES40S)</li> <li><input type="checkbox"/> PreCalculus Math 40S (MPC40S)</li> </ul> </li> <li>Physical Education 40F – Choose one of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Phys. Ed.: School Based 40F (PE40F)</li> <li><input type="checkbox"/> Phys. Ed.: Football 40F (PEFB40F)</li> <li><input type="checkbox"/> Phys. Ed.: Basketball 40F (PEBB40F)</li> </ul> </li> </ul>	<ul style="list-style-type: none"> <li>English Language Arts 40F - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Comprehensive Focus (ELACF40S)</li> <li><input type="checkbox"/> Literary Focus (ELALF40S)</li> <li><input type="checkbox"/> Transactional Focus (ELATF40S)</li> </ul> </li> <li>Français 40F</li> <li>Mathé - Choose one or more of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Mathé appliquées 40S (XMAP40S)</li> <li><input type="checkbox"/> Mathé au quotidien 40S (XMQU40S)</li> <li><input type="checkbox"/> Mathé précalcul 40S (XMPC40S)</li> </ul> </li> <li>Éducation physique 40F – Choose one of:           <ul style="list-style-type: none"> <li><input type="checkbox"/> Dirigé par l'école 40F (XEPSCH40F)</li> </ul> </li> </ul>
Optional Credits	Choose up to 5 credits	Choose up to 4 credits
Optional Grade 12 Courses	<ul style="list-style-type: none"> <li>Advanced Mathematics 45S-I (MAD45S)</li> <li>Introduction to Calculus 45S-II (MCI45)</li> <li>Applied Tech. (Graphics) 40S (AT40S)</li> <li>Art 40S (ART40S)</li> <li>Band 40S (BAND40S)</li> <li>Biology 40S (BIO40S)</li> <li>Business Management 40S (BUSMGT40S)</li> <li>Chemistry 40S (CH40S)</li> <li>Cinema as a Witness to Modern History 40S (CWMH40S)</li> <li>Computer Science 40S (CS40S)</li> <li>Current Topics in First Nations, Métis, &amp; Inuit Studies 40S (FNMI40S)</li> <li>Dance Jazz 40S (DJAZZ40S)</li> <li>Dance Jazz Rep. – Auditioned (DJAZZREP40S)</li> <li>Dance Modern / Contemp. 40S (DANCE40S)</li> <li>Dance Tech. &amp; Perf. 40S – Auditioned (DTP40S)</li> <li>Drama 40S (DRAMA40S)</li> <li>ELA: Language and Literary Forms 40S (ELALL40S)</li> <li>English Language and Transactional Forms - Journalism 40S (ELATR40S)</li> <li>Family Studies 30S (FS30S)</li> <li>Film Company 40S (IFP40S)</li> <li>Foods &amp; Nutrition 40S (FN40S)</li> <li>French – Advanced (FCC40S)</li> <li>Global Issues 40S (GI40S)</li> <li>Law 40S (LAW40S)</li> <li>Physics 40S (PHY40S)</li> <li>Print Media - Yearbook 40S (PRINTM40S)</li> <li>Psychology 40S (PSY40S)</li> <li>Public Speaking 30S (PUBSP30S)</li> <li>Spanish 40F (SPA(4Y)40F)</li> <li>Sports Psychology 31G (SPORTPSY31G)</li> <li>Video Production 40S (VP40S)</li> <li>Woodwork Technology 40S (WOOD40S)</li> <li>World Religions: A Canadian Perspective 40S (WR40S)</li> </ul>	
Optional Courses offered outside the timetable		
Optional Grade 12 Courses	<ul style="list-style-type: none"> <li>Small Ensemble (SENS 45S)</li> <li>Jazz Band – Auditioned (JBAND40S)</li> <li>Wind Ensemble – Auditioned (WIND40S)</li> <li>Theatre Production (THP40S)</li> <li>Choral 40S (CHOR30S)</li> </ul>	

# NOTES