



AUTHORIZATION FOR ADMINISTRATION OF EPINEPHRINE & ANAPHYLAXIS STANDARD HEALTH CARE PLAN (SHCP)



(TO BE COMPLETED BYTHE PARENT/GUARDIAN/CAREGIVER)

School Name:		School Year:	
Student Informati	<u>on</u>		
Name:		Birthdate://	
Address:			Month Day
MHSC# (6 digit):		PHIN # (9 digit):	
Parent/Guardian/	Caregiver Information		
Parent/Guardian/Caregiver:		Daytime phone(s)	
Parent/Guardian/Caregiver:		Daytime phone(s)	
Emergency contact:		Daytime phone(s)	
Medical Information	<u>on</u>		
Name & Dose	☐ EpiPen® Jr 0.15 mg (green)	☐ Allerject® 0.15 mg (blue)	☐ Emerade™ 0.3 mg
	☐ EpiPen® 0.3 mg (yellow)	☐ Allerject® 0.3 mg (orange)	☐ Emerade™ 0.5 mg
As per school on their person	epinephrine auto-injector provident/guardian/caregiver has the option location but unlocked for quick acceleration division policy JLCD-R, page 18, n. t/guardian/caregiver, will ensure their person while attending sch	the student shall carry their epine	auto-injector to be kept in ephrine auto-injector
or upon • The pha • The Pare	zation to Administration of Epine a change in medication. rmacy label must be on the epin ent/Guardian/Caregiver is respon and disposal of expired medica	ephrine auto-injector. sible for replacing expired medi	·
outlined in the	st and authorize the school to ad attached Anaphylaxis Standard	Health Care Plan.	above to my child as
Parent/Guard	ian/Caregiver Signature: Dat	re Transfer of the second of t	
School Admir	nistrator Signature: Dat	e	



Anaphylaxis Standard Health Care Plan (SHCP)

The Anaphylaxis SHCP is based on the clinical practice guidelines developed by the Unified Referral and Intake System (URIS) in consultation with Children's Allergy and Asthma Education Centre (CAAEC) at Health Sciences Centre. These clinical practice guidelines are available on the URIS website.

<u>Unified Referral and Intake System (URIS) | Manitoba Education and Early Childhood Learning (gov.mb.ca)</u>

IF YOU SEE THIS:



If ANY combination of the following signs is present and there is reason to suspect anaphylaxis:

Face

• Red, watering eyes

- Runny nose
- Redness and swelling of face, lips and tongue
- Hives (red, raised and itchy rash)

Stomach

- Severe vomiting
- Severe diarrhea
- Severe cramps

Airways

- A sensation of throat tightness
- Hoarseness or other change of voice
- Difficulty swallowing
- Difficulty breathing
- Coughing
- Wheezing
- Drooling

Total Body

- Hives
- Feeling a "sense of doom"
- Change in behaviour
- Pale or bluish skin
- Dizziness
- Fainting
- Loss of consciousness

DOTHIS:

- 1. Inject the epinephrine auto-injector in the outer middle thigh.
 - a) Secure the child's leg. The child should be sitting or lying down in a position of comfort.
 - b) Identify the injection area on the outer middle thigh.
 - c) Hold the epinephrine auto-injector correctly.
 - d) Remove the safety cap by pulling it straight off.
 - e) Firmly press the tip into the outer middle thigh at a 90° angle until you hear or feel a click. Hold in place to ensure all the medication is injected.
 - f) Discard the used epinephrine auto-injector following the community program's policy for disposal of sharps or give to EMS.personnel
- 2. Activate 911/EMS.

Activating 911/EMS should be done simultaneously with injecting the epinephrine auto-injector by delegating the task to a responsible person.

- 3. Notify parent/guardian/caregiver.
- 4. A second dose of epinephrine may be administered within 5-15 minutes after the first dose is given IF symptoms have not improved.
- 5. Stay with child until EMS personnel arrive.

 Prevent the child from sitting up or standing quickly as this may cause a dangerous drop in blood pressure.

Antihistamines are <u>NOT</u> used in managing life-threatening allergies in the school.