

Come to **Healthy Start**

Do you have
a baby?



Are you
pregnant?



Join any time. **Everyone** is welcome!

call **204-949-5350** email **hsmm@hsmm.ca**

  **@healthystartwpg**

www.hsmm.ca



Pregnancy, baby & parenting information

Delicious, healthy snacks

Milk and egg coupons (if eligible)

A friendly place to ask questions

A dietitian, nurse & outreach staff

Committed to accessibility for all

Downtown

Magnus Eliason Rec Centre
430 Langside Ave

St. Boniface

Access St. Boniface
170 Goulet St

Wolseley

St. Peter's Lutheran Church
65 Walnut St

Newcomers to Canada

Freight House
200 Isabel St, Door 1
for new immigrants who need
language interpreting

Seven Oaks

Maples Community Centre
434 Adsum Dr

South/Fort Garry

Trinity United Church
933 Summerside Ave

North End

Turtle Island Community Centre
510 King St

St. John's Leisure Centre
601 Aikins St



Healthy Start

Healthy Start is a charitable organization funded by the Canada Prenatal Nutrition Program (Public Health Agency of Canada) and Healthy Baby, Government of Manitoba and supported by grants and donations.
January 2026