# Fort Garry/St. Norbert Healthy Child Coalition

Fall 2025

FREE PROGRAMMING FOR FAMILIES WITH CHILDREN 1-4 YEARS OF AGE.

### Fall Programming Schedule: September - December 2025

#### Monday

# CHANCELLOR FAMILY CENTRE

Sept. 22nd - Dec. 8th

Chancellor School 1520 Chancellor Drive

9:45 - 11:30 am

#### **BEDTIME FUN!**

Nov. 17th - Dec 8th
Zoom
Link on website

6:30 - 7:00 pm



#### Tuesday

# PARC LA SALLE FAMILY CENTRE

Sept. 23rd - Dec. 9th

Parc la Salle School 190 Houde Drive

9:30 - 11:15 am

#### Воок & Соок

Oct. 14th - Nov. 4th

Dalhousie School 262 Dalhousie Drive

9:45 - 11:15 am

### MINDFUL LIVING

Nov. 18th- Dec. 9th ACCESS Fort Garry 135 Plaza Drive

9:45 - 11:30 am

### HOP, SKIP & JUMP

Sept. 23rd - Dec. 9th

St. Norbert Community Centre 3450 Pembina Hwy

6:00 - 7:30 pm

### Wednesday

### LET'S EXPLORE OUTDOOR PROGRAM

Sept. 24th - Nov. 12th

Alex Bridge Park 685 Dalhousie Drive

9:45 - 11:30 am

### MINDFUL MUNCHKINS

Nov. 19th - Dec 10th

Dalhousie School 262 Dalhousie Drive

9:45 - 11:15 am

# WIGGLE, GIGGLE & MUNCH

Sept. 24<sup>th</sup> - Dec. 10th RHG Bonnycastle School 1100 Chancellor Drive

6:00 - 7:30 pm

### Thursday

### PARC LA SALLE FAMILY CENTRE

Sept. 25th - Dec. 11th

Parc la Salle School 190 Houde Drive

9:30 - 11:15 am

# WAVERLEY FAMILY CENTRE

Sept. 25th - Dec. 11th

South Wpg CC Waverley Site 1885 Chancellor Drive

9:45 - 11:30 am

### Friday

### RICHMOND JUMPING GYM TIME

Sept. 26th - Dec. 12th

South Wpg CC Richmond Site 666 Silverstone Ave

9:45 - 11:30 am

#### Saturday

### TOGETHER WE PLAY

Oct. 4th- Nov. 8th

Alex Bridge Park 685 Dalhousie Drive

10:00 - 11:30 am

### Reminder

Please help keep our facilities clean by bringing indoor shoes to wear during our programs.



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### **FOR MORE INFORMATION**



COORDINATOR@FGSN.CA 204-299-1600











VISIT OUR WEBSITE AT FGSN.CA