

FORT GARRY/ST. NORBERT HEALTHY CHILD COALITION

'providing support to families with the goal of raising happy, healthy children'

September 25th - December 15th, 2023

Fall 2023

Check out the great FREE, drop-in programs we're offering this Fall for parents and children (aged 1-4)!

MONDAY

**Dalhousie
Family Centre**

9:45am - 11:15am

**NEW
START
TIMES**

TUESDAY

**Parc la Salle
Family Centre**

9:30am - 11:15am

WEDNESDAY

**Let's Explore
Outdoor Program**
(Sept. 27th-Nov. 15th)

9:45am - 11:30am

Wiggle Giggle & Munch
(Oct. 11th-Dec. 13th)

6:00pm - 7:30pm

THURSDAY

**Waverley
Family Centre**

9:45am - 11:30am

**Parc la Salle
Family Centre**

9:30am - 11:15am

FRIDAY

**Richmond
Jumping Gym Time**

9:45am - 11:30am

Dalhousie Family Centre

Dalhousie School
262 Dalhousie Drive

Parc la Salle Family Centre

Parc la Salle School
190 Houde Drive, St. Norbert

Waverley Family Centre

South Wpg CC - Waverley Site
1885 Chancellor Drive

These program focuses on developing your child's literacy & numeracy skills through free play, crafts, songs & story time.

Let's Explore

Alex Bridge Park
685 Dalhousie Drive

The Let's Explore drop-in program embraces all that the outdoors have to offer. Free play on the play structure, scavenger hunts, games, songs, stories and so much more!

Richmond Jumping Gym Time

South Wpg CC - Richmond Site
666 Silverstone Ave.

Wiggle, Giggle & Munch Evening Program

R.H.G. Bonnycastle School
1100 Chancellor Drive

These programs focus on developing your child's gross motor skills through physical activity, songs, stories & games

To pre-register, visit our website at fgsn.ca starting on September 11th, 2023 or register at the program. The link can also be found on our Facebook page.

**Fort Garry/St. Norbert
Healthy Child Coalition**



For more info on these or any of our other programs visit us on social media.

Contact us

(Note: Zoom programs will be offered starting in November.)



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Fort Garry/St. Norbert Healthy Child Coalition



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[fgsn_coalition](https://www.instagram.com/fgsn_coalition)

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