



Fort Richmond
Collegiate

EAL STUDENT HANDBOOK





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Welcome Message

Welcome to Fort Richmond Collegiate

At Fort Richmond Collegiate (FRC), 62 percent of our students were born outside of Canada. Also, 11 percent of our Indigenous students identify as members of one of Manitoba's 7 First Nations. Our diversity makes us strong! We are so glad that you have joined us.

The routines of our classrooms and how we teach and learn may be different than what you are used to. Each course has a curriculum that is set by the government of Manitoba. The curriculum is a list of what that each student should learn in the course. Co-operative and inquiry learning are often used in Manitoba. Teachers must follow the curriculum, but teachers also each have their own 'style' and way of teaching.

FRC includes a theatre, five computer labs, a fitness center, a library, and a state-of-the-art video production studio. WIFI access is readily available to all students. We have a new band room and Learning Centre that opened in June 2020. This is an exciting time to be a student at FRC!



FRC

Families 2023-24

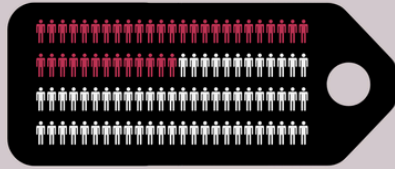
DATA AND STATISTICS

The following information was taken from the backend of Mayet, and compiled to build a community profile of students attending FRC.

This information is current as of the end of January 2024.

38%

of students were born in Canada



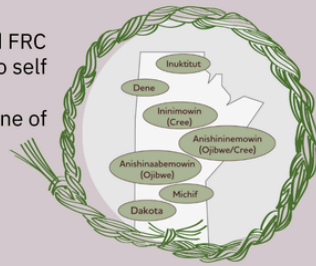
FRC families who do not speak English at home.

34%



139 (or 11%)

Indigenous students and FRC students who self identify as a member of one of Manitoba's 7 Nations



FRC students who are fluent in one of the top three spoken languages, other than English.

25%

Mandarin Chinese	149
Urdu	88
Arabic	80

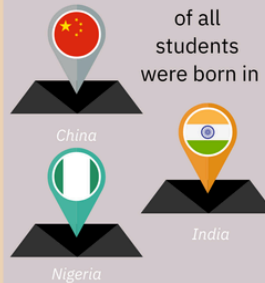
66



different birth countries, from Afghanistan to Vietnam

26.5%

of all students were born in



Number of languages spoken at FRC with fewer than 10 speakers

33



FRC Languages

The chart below shows all reported languages spoken in the homes of FRC students. The number in brackets refers to the number of homes where English is **not** spoken

2.4% ▼ English 532	Gujarati 28(12)	Portuguese 5(4)	French 2	Serbo-Croatian 1
3.3% ▲ English Dialect 177	Korean 24(14)	Swahili 5	Japanese 2(2)	NEW Sign Language 1
0.6% ▲ Mandarin 149(88)	Russian 23(18)	Tamil 5(3)	Malayam 2	Swedish 1
Urdu 88(36)	Vietnamese 22(18)	Turkish 5(5)	Nepali 2(2)	NEW Thai 1
0.9% ▼ Arabic 80(51)	Sinhala 17(5)	Filipino 4(1)	Sindhi 2(1)	Twi 1
1.2% ▼ Punjabi 75(27)	0.5% ▼ Tagalog 14(3)	Igbo 4(1)	Czech 1(1)	
Hindi 41(11)	Kurdish 15(12)	Pashto 4(2)	Dinka 1	
Spanish 35(22)	1.1% ▼ Cantonese 12(6)	Tigrina 4(4)	Greek 1	
Yoruba 32(2)	Persian/Farsi 9(4)	Hebrew 2(1)	Kannada 1	
Bengali 31(16)	Other 7(2)	NEW Creole 3	Macedonian 1	
0.9% ▲ Ukrainian 31(24)	Italian 6(1)	Ojibwe 3	Marathi 1	
Kurmanji 29(26)	German 5(3)	Cree 2	Polish 1(1)	



CALENDAR

Our school year is divided into 2 semesters.

Semester 1: September– January

Semester 2: February– June

Most classes last for one semester. Some classes have an exam at the end of the semester.

Timetable

At FRC, there are 6 periods in the day. Three morning classes (Slots 1, 2 and 3), a lunch period (Slot 4) and 2 afternoon classes (Slots 5 and 6). Classes are 70 minutes long. There are no breaks between classes.

Students are expected to be seated and ready to learn at the start of each class.

Period	Time
1	8:30-9:40
	1A 8:30-9:05
	1B 9:05-9:40
2	9:40-10:50
3	10:50-12:00
Lunch	12:00-1:10
5	1:10-2:20
6	2:20-3:30

Meet our EAL Advisors



Ms. Asili

☎ 204-275-7520 ext. 2162
🌐 hmasili@pembinatrails.ca
📍 Room 102 (Student Services)

Ms. Gabrielle

☎ 204-275-7520 ext. 2526
🌐 wgabrielle@pembinatrails.ca
📍 Room 215



Ms. Giasson

☎ 204-275-7520 ext. 1457
🌐 agiasson@pembinatrails.ca
📍 Room 215

What we do

- Assess English language level
- Help students choose appropriate courses
- Support path to graduation
- Communicate with families
- Support the transition to FRC

Student Responsibilities

- Our school has bells. You are expected to listen to the bells and to get to class on time.
- Students at FRC are responsible for their own learning.
- You have to do the homework and assignments each day.
- The teacher will give you due dates. It is your responsibility to get your work done on time.
- Your daily work matters just as much as your tests and exams.
- You will get marks for your assignments AND your tests and exams.
- If you are absent from a class, it is your responsibility to talk to your teacher(s) and complete the work that you missed.
- We expect each student to do their own work. Students who copy the work of others, either from another student or from a book or the Internet will receive a 0 %.

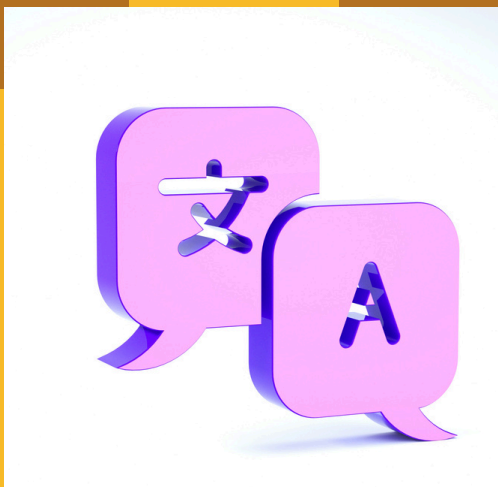


Translators and AI

Your teachers expect you to do your work without using translators or AI because it helps you learn better.

When students only use translators or AI, they miss out on the opportunity to practice and improve their own language abilities, including vocabulary, grammar, and critical thinking. It's like using a cheat sheet instead of learning the material yourself.

Also, these tools might not always give you the right answers. By doing your work without them, you become better at English and learn more effectively.



School Supplies



Students should bring the following supplies with them to school:

- Backpack
- Binder and lined loose leaf paper
- Pens or Pencils
- Eraser
- Water bottle
- Indoor Runners
- Clothing to change into for gym (shorts, T-shirt, sweats, etc.)

Lockers

All students will be given a locker by their homeroom teacher or the office to store their books, belongings, jackets, etc. Each locker already has a combination lock, and you must share the locker with another student. Students have to use the lock given by the school. Students should not share their locker combination with others. Valuables should not be left in your locker.

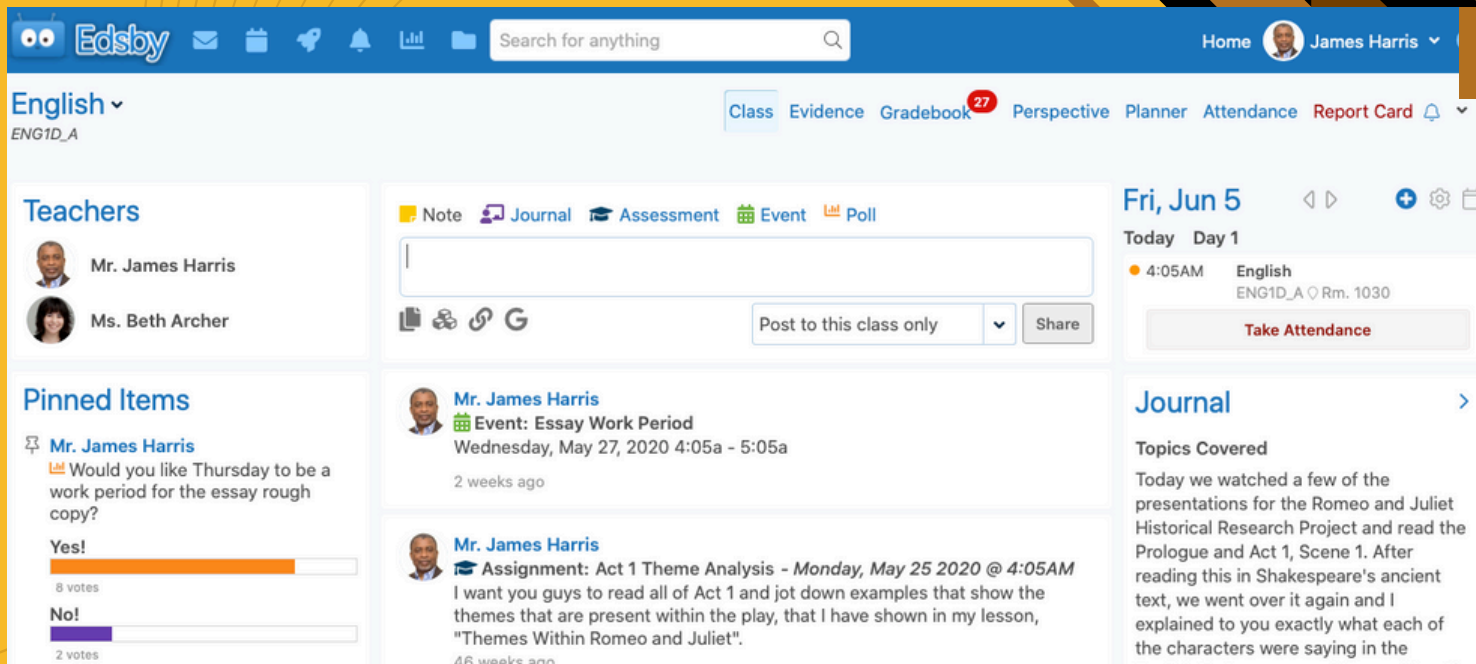


GETTING TO SCHOOL

There are no school buses for high school students in Winnipeg. You will need to find a way to school on your own. If you live too far away from the school to walk and cannot drive or get dropped off, you can take public transportation. Public transportation in Winnipeg is called Transit.

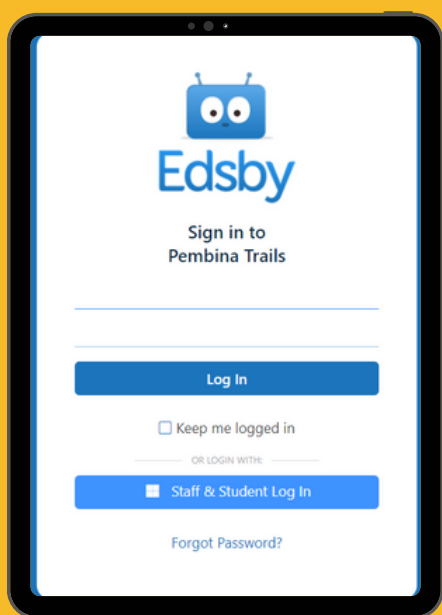
- Bus passes, and tickets can be purchased at many stores such as *Shoppers Drug Mart*, *7-11*, or *Superstore*.
- Go to winnipegtransit.com/en/navigo to plan out your bus route





EDSBY

Edsby puts all the important information of the school onto a single platform. Edsby lets you view attendance, assignments, parent-teacher interviews, school communication, and report cards. There is a desktop version and an app version on smartphones. Edsby is also available in many different languages.



Log In

Every student at FRC will be given a login name and password. You can use this to log in to EDSBY and any computer in the building. You can also use it to log into any Microsoft app on a smartphone.

Your login will be a username based on the first letter of your first name, followed by your last name. So if your name is Mohammad Amin, your username would be MAmin

If you ever forget your password, you can go to the library's desk and ask them to reset it.

Getting Help

In Canada, you might find that you may have to work harder than you have ever worked before in school. You will be learning English, new content, and a new culture all at once. You will need to ask for help when you don't understand something. This is totally O.K., and even expected!



- Talk to your classroom teacher and ask for help.
- Peer Tutoring is available at Lunch in room 115 for free
- Go for extra help after school – Peaceful Village. Monday to Friday from 4 to 7 p.m in the Library. Besides homework help, there are fun activities, snacks, and volunteer and scholarship opportunities. See a counsellor for an application.
- Talk to your school counsellor.
- Connect with other students and form a study group.

Attendance

If you are sick or need to be away from school, your parent/guardian must tell the school. Your parent/guardian should use Edsby to say to the school you will be away.

Students under 18 are NOT allowed to report their own absences. If an absence is not excused, the teacher will think you are skipping the class. If you skip too many classes, you may be withdrawn from the course. Attendance is a very important part of your success in school! If you miss a class, it is YOUR responsibility to see the teacher(s) and complete any missed work.

Report Cards

How often will I get a report card?

Most courses at FRC last only one semester. You will get two report cards per semester. One report card in the middle of the semester and one at the end of the semester.

What is a passing grade?

In Manitoba schools, students are given a grade out of 100%. A passing grade is 50%. You must earn at least 50% to get a credit for the course.

How do I earn marks towards my final grade?

Each course is different. Your teacher will explain what you must do to earn marks for their course. Usually, it will include in and out-of-class assignments, projects, quizzes and tests

What do the marks mean on my report card?

- 80% to 100% You understand the information of the course very well.
- 70% to 79% You understand the information of the course well.
- 60% to 69% You understand some course information.
- 50% to 59% You understand a limited amount of the course information.
- Below 50% You have not shown enough learning to earn credit for the course.
-

Students with a final grade of less than 50% are not granted course credit and must repeat the course at the same level if it is a credit they need for graduation.





GRADUATION AND CREDITS

You need a total of 30 credits to graduate! When choosing courses, it is very important that students look at what they would like to do after high school. This is especially true for Math and Science options. If a student wishes to go into a certain program at a university or college, specific high school courses may be required.

Credits from other schools

In Canadian high schools, students earn credits for each course. Students need a minimum of 30 credits to graduate from any Manitoba High School with a regular English Diploma. Some credits (17) are compulsory/mandatory, meaning you **MUST** take them. Some credits (13) are elective/optional, meaning you can choose the courses based on your interests. Many of our newcomer students arrive in the middle (or end) of their high school year. If this is your case, you may be assigned to a certain number of “out of province” credits, to account for some of the schooling you have already done in your home country.

Special Language Credit Exams

You can earn up to 4 high school credits for your first language. The Special Language Exams are held 2 times per year –once in November and once in December.

- The exams are taken at the school in the evening.
- Listen for announcements for dates and deadlines.
- You must apply to write these exams. Paperwork must be completed and handed in ahead of time in September.
- There is a fee of approximately \$75



Course List

FRC offers a broad selection of required courses and options, and each student is encouraged to choose a personal program of study. This program should allow the student to develop individual abilities and skills, explore interests, prepare for future goals, and gain insights into self-understanding.

In addition to the traditional academic courses, our students have the opportunity to enroll in programs such as English as an Additional Language, Music, Performing Arts, Visual Arts, Leadership, Languages, Life/Work Planning, Video Production, Advanced Placement and various technical programs at *Manitoba Institute of Trades and Technology*. Our commitment to nurturing the potential for growth in all students extends beyond the classroom.



Grade 10

Courses

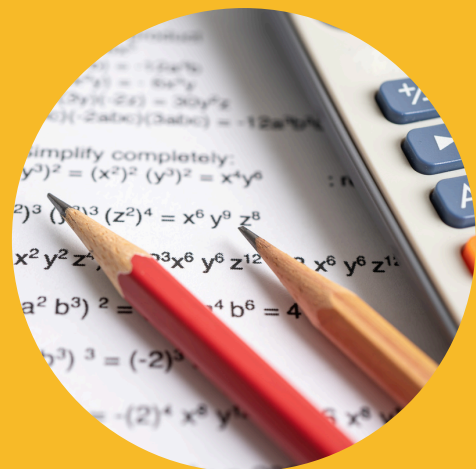
- ART VISUAL 20S
- MUSIC BAND 20S
- MUSIC BAND 25S
- MUSIC CHORAL 20S
- MUSIC CHORAL 25S
- CREATIVE WRITING 20S
- COMPUTER SCIENCE 20S
- CULTURAL EXPLORATION 21G
- DIGITAL PHOTOGRAPHY 20S
- DRAMATIC ARTS 20S
- EAL LITERACY STAGE 2
- ENGLISH LANGUAGE ARTS 20E
- ENGLISH LANGUAGE ARTS 20F
- ENGLISH LANGUAGE ARTS HONORS 20FH
- FRENCH: COMMUNICATION AND CULTURE 20F
- FAMILY STUDIES 20S
- GEO ISSUES 21ST CENTURY 20E
- GEO ISSUES 21ST CENTURY 20F
- HISTORY: AMERICAN 20G
- MUSIC: JAZZ BAND 20S
- LIFE/WORK PLANNING 20S
- ESSENTIAL MATHEMATICS 20S
- INTRO APPLIED & PRE-CAL MATH 20S
- PHYSICAL EDUCATION/HEALTH 20F
- PERSONAL FINANCE 20S
- PRINT MEDIA 20S (YEARBOOK)
- READING IS THINKING 20S
- SCIENCE 20E
- SCIENCE 20F
- SCIENCE HONORS 20FH
- SPANISH 3YR 20F
- MUSIC: VOCAL ENSEMBLE 20S
- MUSIC: VOCAL JAZZ 20S
- VIDEO PRODUCTION 20S
- MUSIC: WIND ENSEMBLE 20S



Grade 11

Courses

- ACCOUNTING ESSENTIALS 30S
- ANIMATIONS 2D 35S
- WEB DESIGN 35S
- ART: VISUAL 30S
- MUSIC: BAND 30S
- MUSIC: BAND 35S
- BIOLOGY 30S
- BUSINESS COMMUNICATIONS 30S
- CHEMISTRY 30S
- CHEMISTRY AP 32S
- MUSIC: CHORAL 30S
- MUSIC CHORAL 35S
- COMPUTER SCIENCE 30S
- CULTURAL EXPLORATION 31G
- DRAMATIC ARTS 30S
- EAL LITERACY STAGE 3
- ENGLISH LANGUAGE ARTS COMPREHENSIVE FOCUS 30S
- ENGLISH LANGUAGE ARTS LITERARY FOCUS 30E
- ENGLISH LANGUAGE ARTS LITERARY FOCUS 30S
- ENGLISH LANGUAGE ARTS LITERARY HONORS 30SH
- FRENCH: COMMUNICATION AND CULTURE 30S
- FRENCH: LANGUAGE AP 32S
- FAMILY STUDIES 30S
- HISTORY: CANADIAN 30E
- HISTORY: CANADIAN 30S
- IMPROVISATION 30S
- MUSIC: JAZZ BAND 30S
- LEADERSHIP (.5) 31G
- APPLIED MATHEMATICS 30S
- ESSENTIAL MATHEMATICS 30S
- INTERACTIVE WEBSITE 35S
- 3-D MODELING 35S
- PRE-CALCULAS MATH 30S
- PRE-CALCULAS MATH HONORS 30SH
- PHYSICAL EDUCATION/HEALTH 30F
- PHYSICAL EDUCATION/HEALTH HONORS 30FH
- PHYSICAL EDUCATION: ACTIVE LIFE – FEMALE 30F



Grade 11 Courses

- PHYSICS 30S
- PRINT MEDIA 30S (YEARBOOK)
- PUBLIC SPEAKING 30S
- READING IS THINKING 30S
- CURRENT TOPICS IN SCIENCE (1) 30S
- CURRENT TOPICS IN SCIENCE (3) OUTDOOR EDUCATION 30S0
- SPANISH 3YR 30S
- VENTURE DEVELOPMENT 30S
- MUSIC: VOCAL ENSEMBLE 30S
- MUSIC: VOCAL JAZZ 30S
- VIDEO PRODUCTION 30S
- MUSIC: WIND ENSEMBLE 30S



Grade 12

Courses

- APPLIED BUSINESS TECHNOLOGIES 40S
- ACCOUNTING SYSTEMS 40S
- ART: VISUAL 40S
- MUSIC: BAND 40S
- MUSIC: BAND 45S
- BIOLOGY 40S
- BIOLOGY HONORS 40SH
- BIOLOGY AP 42S
- CALCULUS (AB) AP 42S
- CHEMISTRY 40S
- CHEMISTRY AP 42S
- MUSIC: CHORAL 40S
- MUSIC CHORAL 45S
- COMPUTER SCIENCE 40S
- COMPUTER SCIENCE AP 42S
- CULTURAL EXPLORATION 41G
- CINEMA AS A WITNESS TO MODERN HISTORY 40S
- DIGITAL PHOTOGRAPHY 40S
- DRAMATIC ARTS 40S
- EAL FOR ACADEMIC SUCCESS 40S
- ECONOMIC PRINCIPLES 40S
- ENGLISH LANGUAGE ARTS COMPREHENSIVE FOCUS 40S
- ENGLISH LANGUAGE ARTS LITERARY FOCUS 40S
- ENGLISH LANGUAGE ARTS LITERARY HONORS 40SH
- LANGUAGE TRANSACTIONAL FORMS 40S
- LANGUAGE TECHNICAL COMMUNICATIONS 40S
- FRENCH: COMMUNICATION AND CULTURE 40S
- FIRST NATIONS METIS AND INUIT TOPICS 40S
- FRENCH: LANGUAGE AP 42S
- FAMILY STUDIES 40S
- GEOGRAPHY: WORLD HUMAN 40S
- GLOBAL ISSUES: CITIZENSHIP AND SUSTAINABILITY 40S
- HISTORY: WESTERN CIVILIZATION 40S
- IMPROVISATION 40S
- INTRO TO DISABILITY STUDIES 41G
- MUSIC: JAZZ BAND 40S
- LAW 40S



Grade 12 Courses

- LEADERSHIP (.5) 41G
- LIFE WORK TRANSITION 40S
- APPLIED MATHEMATICS 40S
- INTRO TO CALCULAS 45S
- INTRO TO CALCULAS HONOURS 45SH
- ESSENTIAL MATHEMATICS 40S
- PRE-CALCULAS MATH 40S
- PRE-CALCULAS MATH HONORS 40SH
- PHYSICAL EDUCATION/HEALTH 40F
- PHYSICAL EDUCATION/HEALTH HONORS 40FH
- PHYSICAL EDUCATION: ACTIVE LIFE – FEMALE 40F
- ADVANCED PLACEMENT PHYSICS 1 42S
- ADVANCED PLACEMENT PHYSICS 2 42S
- PHYSICS 40S
- PRINT MEDIA 40S (YEARBOOK)
- PSYCHOLOGY 40S
- INTERDISCIPLINARY TOPICS IN SCIENCE (I) 40S
- SPANISH 3YR 40S
- MUSIC: VOCAL ENSEMBLE 40S
- MUSIC: VOCAL JAZZ 40S
- VIDEO PRODUCTION 40S
- MUSIC: WIND ENSEMBLE 40S
- WORLD RELIGIONS 40S



EXTRA ACTIVITIES

There are many great ways to get involved at school and in the community, which are called extracurriculars. It is a great way to make new friendships and memories that will last a lifetime. Below are a few suggestions for our school



Clubs

There are many student clubs running at FRC! Some during the lunch hour and some after school. Here are some of the clubs available to join.

- Beading
- Chess
- Fashion
- Feminist
- Book
- Islamic Student Association
- Gardening
- Guitar
- Math
- Trivia
- Writing
- Debate

Sports

FRC has many competitive sports teams. Most require students to try-out and then a few are selected by the coaches. Some sports teams include

- Badminton
- Baseball
- Basketball
- Cricket
- Cross-Country
- Curling
- Dragon Boat Racing
- Golf
- Hockey
- Indoor & Outdoor Track
- Indoor & Outdoor Soccer
- Team Handball
- Ultimate
- Volleyball
- Water Polo.

Intramurals

Intramurals are open to all students in the school, and provide students with an opportunity to compete in sports at a fun level.

- Badminton
- Basketball
- Beach Volleyball
- Indoor Soccer
- Low Organized Games
- Table Tennis
- Touch Football

More Information

Contact us :

☎ [204-275-7520](tel:204-275-7520)

🌐 <https://www.pembinatrails.ca/fortrichmond>

📍 99 Killarney Ave. Winnipeg
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