

FRC CLUB	Day of week (if applicable)	Time eg 3:30-4:40 (if applicable)	Where do you meet?	Other details, if necessary eg We meet the first Monday of the month at lunch	Staff members associated with the club
Amnesty International	Thursdays	12:05 - 1:05 pm	Room 305	Weekly	Mr. Brownlee
Anime Club	TBD	TBD	TBD	TBD	Mr. Halstead
AP Club	TBD	Lunch	129	*Club activity is TBD	Brogan, Teichroew
Big Brothers Big Sisters	TBD	Lunch	Classroom to be announced	Grade 10, 11 and 12 students	Ms. Dempster
Boardgame Club	All	12:05 - 1:05 pm	113	Lunch time meeting	Mr. Cerqueira, Mr. Colonval
CanU Rise	After school and weekends		Virtual	Gr. 11/12 group. Career-related discussion groups and seminars. Scholarship opportunities. Open invitation to join.	Mrs. Craig
Community Club	Wednesdays beginning October 19	12:05 - 1:00 pm	Room 213	Make friends and help build connections in the FRC community. We play games, organize Fashion Fridays and other projects.	Ms. Gray, Ms. Roberts, Mrs. Shaw, Ms. Asili
Dragonboating				Will start in with an info meeting in April, with some in the gym practices at lunch in the gym and 2 early morning practices on the water in May. Race Day is first weekend in June.	Mr. Poulton, Mr. Bruckshaw, Ms. Shiach and Ms. Dirks
Drumline	Monday	3:30 - 5:00 pm	Band Room	Must be in the band program	Mrs. Ferguson
Dungeons and Dragons Club	Thursdays	Lunch (12:10 - 1:00 pm)	Room 304 (Computer Lab)	Must have created character in Roll 20 before you can play, speak to Mr. Ian for details	Mr. Ian
Earth Club	Thursday - starting in late October	lunch (12:03-1:03)	Room 117	Weekly meetings and plan various activities. New members welcome at all times. Members can join via Teams	Ms. Johnson

FRCNN (FRC Newspaper Club)	TBD	LUNCH (12:10 - 1:00 pm)	311	Students meet weekly to plan interviews, stories and highlights to showcase in a student newspaper.	Amy Smith
Gender & Sexuality Alliance	Monday	12:05 - 1:00 pm	Art Room, Room 101		Ms. Knight and Ms. Pype
Green Thumbs Club	Tuesday	Lunch hour	Gr.11 doors outside	We take the winter season off	Mrs. Johnson
Guitar Club	Monday	12:05 - 1:05 pm	Room 105	Will start up in second semester 2021	Mr. Reid
Habitat for Humanity	Thursday	12:05 - 12:30 pm (Suspended until further notice, no meetings.)	Room 115	Suspended until further notice. No meetings. (Meetings in person if it your day to be at school, everyone else will attend via Teams. )	Ms. Morris
High Altitude Balloon Club	Tuesdays	3:40 - 4:40 pm	Room 113	Meetings run throughout the year but intensify in April	Ms. Piasecki, Mr. Colonval, Mr. Sault
Indigenous Student Circle	Tuesdays	lunch hour	Portable- 128	We meet every Tuesday at lunch	Ms. Rochon, Mrs Bourassa and others
Interact Club	Tuesdays	12:05 - 1:05 pm	Room 108	We meet every Tuesday	Ms. Dempster
ISP club	Mondays	Lunch time	Room 213		Mojgan Asili
Know Your Roots	Fridays	12:05 - 1:00 pm	Room 306	Weekly - during busy times after school	Ms. Moses, Ms. Teichroew, Mr. Kroeker
Languages Club	Tuesday, Friday	12:05 - 1:00	Room 213	Do you speak more than one language? You can share conversations in many languages with other students from around the world.	Mrs. Shaw
Peace of Support (formerly Peer Support and Peace of Mind)	Fridays (plus other times as needed for activities)	12:05 - 1:05	Room 103	If it is not your day to be here on a Friday, you can join us on Teams. Please contact Ms. Peters if you wish to be added to the team.	Ms. Peters and Ms. Vinci

Portfolio Help		Lunch	Art Room, Room 101	For students who are hoping to apply to post-secondary institutions in creative areas (graphic design, illustration, animation, fine arts, architecture, etc.) and need to develop an art portfolio. Appointments need to be made ahead of time, please see Ms. Knight or email <a href="mailto:dknight@peminatrails.ca">dknight@peminatrails.ca</a> to make an appointment.	Ms. Knight
Reach for the Top	Tuesday, Wednesday, Thursday	Lunch	120		Mr. Friesen
Run For It (Running/Walking Mental Wellness Club)	Starts in April - June, Days TBD	Lunch	PE classroom	A running and mental health program for high school girls	Ms. Shiach
Science Events			Room 114	We connect you with science opportunities here at the school, locally, nationally as well as internationally. Some possible events are: mentoring at Kelburn Wetlands, MSSS science fair, Engineering Days at U of M, Bio Innovation, ISSN International Science Fairs, Contests, Bio Discovery Days,	Ms. Teller, Ms. Piasecki, Ms. Bongiorno
The Scribbler/ Writing Club	Tuesday & Wednesday	lunch	Lab 208	Students meet weekly to write and workshop their work and plan and create the school's annual creative arts anthology, The Scribbler	Ms. Martin, Ms. Oresnik

Speech and Debate Club	Friday	lunch	room 122	Students meet to dedate/discuss and prepare for Manitoba Speech and Debate Association competitions	
Student Council	Monday, Tuesday	lunch time (12:10 - 12:30 pm)	Room 114	If 114 is full, the meeting is streamed into 116	Ms. Thorn , Ms. Piasecki, Ms. Melanson
Table Tennis Club	Wednesday	12:35 - 1:25 pm	MPR		Mr. Poulton, Mr. Bruckshaw
Tech Crew	No specific time				Jon Manness, Jason Diaz
Teens Against Distracted Driving	Tuesdays	Lunch	104	Everyone is welcome to join!	Susan Scarth, Mary Dempster
Teens with Faith	Thursday or Fridays (whichever day is the Even in School day)	lunchtime	116 or on teams		Ms. Thorn
University of Manitoba Indigenous Post-Secondary Club	Oct 13th, Nov 18th, Dec 15th, Jan 19th, Feb 23rd, March 16th, April 13th, May 11th	lunch	Portable- 128	Information and Indigenous programming opportunities for Indigenous students considering post secondary education. Bursaries available	Desiree Morriseau, Ms. Rochon, Mrs. Bourassa and others
Women's Empowerment	First Meeting will be Oct. 15 - future meeting day of the week TBD	lunch	128	The Women's Empowerment Club is a group of young individuals who are striving to gain equality and empowerment by discussing current events, taking part in fundraising events, watching films and documentaries, as well as practicing wellness activities. We will be selecting a weekday that best meets the needs of interested group members.	Ms. Bourassa

YiP	Wednesdays Biweekly	12:45-1:15	Virtually (Teams)	Day of the week may change	Danielle Flamand
Yoga Club	Mondays	Lunch	MPR	All levels of Yoga experience welcome! Come out and enjoy a lunch hour away from the stresses of your daily life.	Kristin Shiach, Nicola Dirks, Deondra Twerdun-Peters, Sheridan Vinci
Young Health Professionals	First Friday of the month	Lunch	Library (Cooperative Learning Hub)	First meeting Friday, Oct. 2 in the Library (Cooperative Learning Hub)	Janet Gray