

NUTRITION POLICY

The Pembina Trails School Division employees and school volunteers have the responsibility to model and encourage healthy food choices. The Guidelines Checklist in the following Exhibit (CGE-E) is intended as a tool to be used by school communities in taking actions to encourage healthy choices. As schools implement items from this checklist, a reasonable time line will be used to effect change.

Foods available in schools are in accordance with the guidelines outlined in the Manitoba School Nutrition Handbook.

Staff, students, and school volunteers planning activities, events, and programs will make decisions that are in accordance with the Nutrition Policy.

Nutrition messages throughout the school will be consistent with and reinforce the policy.

Education is vital to the successful implementation of the Nutrition Policy, and should involve parents/guardians and the school community to gain their support.

Students will receive nutrition education that teaches the knowledge, skills, and attitudes that promote healthy eating habits for a lifetime.

Teachers will receive appropriate professional development and resources to achieve nutrition outcomes as outlined in the "Kindergarten to Grade 12 Physical Education/Health Education Manitoba Curriculum Framework of Outcomes for Active Healthy Lifestyles".

Support staff will receive information and resources to assist them in understanding and promoting the nutrition policy and regulation.

Accomplish Anything

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