

École Charleswood School

505 Oakdale Dr. | Winnipeg, MB R3R 0Z9 | 204.889.9332 www.pembinatrails.ca/charleswood

Dear parents/guardians,

Your child has expressed an interest in joining École Charleswood School's Running/Walking Club.

We will practice on Wednesdays 7:40am-8:30am and Fridays 12:10pm-12:50pm. On Wednesdays, we will meet in the hallway outside the band room. On Fridays, we will meet outside by the flagpole on Oakdale. We will warm-up together and then run/walk in our community.

Athletes will be training to run along the Charleswood Parkway. They will of course be instructed to obey traffic signals and exercise caution as they run. A teacher will be with them as they leave school grounds, but you should be aware that because of varying abilities and speeds, there may be times when runners are on their own along the course.

Please view our <u>athletic calendar</u> on the ECS Website for up to date scheduling information. Each athlete and one parent should also join our <u>Edsby</u> Group "Running/Walking Club" to stay up to date with last minute changes that occur in extracurricular athletics. Should a practice need to be cancelled due to weather, it will be posted on Edsby. It is recommended that all members setup notifications to receive new posts, this can be done by clicking on the bell icon.





Visit our Permission Click to give your child permission to participate in Running/Walking Club. https://permission.click/Yj4Wj/ca

If you have any further questions, please feel free to contact me.

Looking forward to a great season!

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