

# #KnowWhereToGo

## for children's cold and flu symptoms

### Health Links – Info Santé

Call 204-788-8200  
1-888-315-9257 (toll-free)

This free service is available 24/7 with nurses who can assess and provide advice on where to go.

### Doctor/Clinic/Primary Care (Weekdays)

During respiratory virus season, your child may experience common cold/flu symptoms.

- Fever or chills
- Cough
- Runny nose
- Sore throat

### Walk-In Connected Care Clinic

(After Hours & Weekends Winnipeg)

McGregor Walk-in and Access Fort Garry

### Critical Injury or Life-Threatening Condition?

Call 911 or go to an  
emergency department.

When to get tested  
for COVID?

