






LOCATION	WRITTEN BY:	APPROVED BY:	DATE CREATED	LAST REVISION
All Schools/Buildings	Lorie Carriere	OT/PT	July 28, 2020	New

PERSONAL PROTECTION EQUIPMENT (PPE)	
 <p>Safety glasses or face shield must be worn at all times when working when there is the potential for splash.</p>	 <p>Long and loose hair must be tied back</p>
 <p>Rings and jewelry (long necklaces / bracelets, etc.) must not be worn.</p>	 <p>Gloves must be worn when working with blood or bodily fluids.</p>
 <p>Appropriate footwear must be worn. Shoe must be fully enclosed. No open toed shoes/sandals.</p>	

HAZARDS PRESENT	APPARATUS / MATERIALS	ADDITIONAL REQUIREMENTS
<ul style="list-style-type: none"> Exposure to blood or bodily fluids. Exposure to COVID-19 or other bacteria or viruses 	<ul style="list-style-type: none"> Disposable gloves Procedural gowns 	<ul style="list-style-type: none"> Equipment orientation

SAFE WORK PROCEDURE
<p>Procedural gowns are generally the preferred PPE for protection of clothing. Gowns should fully cover the torso, fit comfortably over the body, and have long sleeves that fit snugly at the wrist.</p> <ul style="list-style-type: none"> <input type="checkbox"/> When to use – If your clothing or skin may become soiled from splashes/sprays or contact with items contaminated with bodily fluids. <ul style="list-style-type: none"> Bodily fluids – include urine, faeces, wound drainage, saliva, vomit, sputum, nasal secretions, semen, and vaginal secretions. <input type="checkbox"/> Gown use will be required at certain schools that must do toileting and other high risk procedures. Those schools that require its usage have already been provided with gowns. <ul style="list-style-type: none"> Dirty linen hampers have also been provided in all facilities that require the use of gowns.

PROCEDURE – HOW TO DON A GOWN:

1. Perform hand hygiene with soap and water or hand sanitizer.
2. Gown should cover from neck to knees to wrist (A).
3. Opening is in the back (B).
4. Secure at neck and waist- ensure you cover your skin and clothes.
5. If gown is too small to fully cover your torso, use two gowns
 - o Gown #1 ties in front
 - o Gown #2 ties in back



PROCEDURE – HOW TO DOFF A GOWN:

1. Unfasten the gown ties with the ungloved hands. (A)
2. Grasp the outside of the gown at the back of the shoulders and pull the gown down over the arms. (B)
3. Slip the fingers of one hand under the cuff of the opposite arm and pull the hand into the sleeve, grasping the gown from inside.
4. Reach across and push the sleeve off the opposite arm.
5. Fold the gown down towards the inside and fold or roll into a bundle (C). (Only the “clean” part of the gown should be visible.)
7. Discard into the dirty linen container, as appropriate.



CARE OF GOWNS:

- Gowns can be washed in hot soapy water and dried using the hottest cycle.
- High schools and some middle schools were provided with hospital style linen hampers for soiled/dirty procedural gowns.
- Simply take the bag out of the holder and dump the contents into the washing machine.
- Bags can also be laundered.
- For the rest of the schools plastic laundry hampers were purchased. To launder soiled linen, dump the contents into the washing machine. Do not reach into the hamper.
- Ensure disposable gloves are used when handling dirty gowns.
- Remove gloves and perform hand hygiene after dumping contents into the washing machine and prior to starting the machine.
- For plastic laundry hampers – please disinfect the top and sides of the hamper when finished.



REGULATORY REQUIREMENTS

- WS&H Act W210, Section 4, 5
- Mb. Regulations 217/2006,
Part 35, (WHMIS Application)
Part 36, (Chemical & Biological Substances Application)
- Shared Health Alberta